

TCTAP 2021 Virtual

# The Future of PCI: Contemporary Optimal Indication, Technology, and Outlook

Prof. Robert A. Byrne



# Dedication

In memory of Professor  
David Foley PhD FESC

9.5.1961 – 16.1.2021



# Disclosure Statement | Robert A. Byrne

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below

Affiliation/Financial Relationship	Company
Grant/Research Support	Celonova Biosciences* Abbott Vascular, Biosensors, Biotronik, Boston Scientific

RAB reports research funding to the institution of prior employment (\*) from Celonova Biosciences and research or educational funding to the institution of current employment from Abbott Vascular, Biosensors, Biotronik and Boston Scientific

RAB has not received personal payments from any pharmaceutical company or device manufacturer

# Agenda

1

A Brief History of Catheter Intervention

2

DES as Breakthrough Technology and Remaining Unmet Need

3

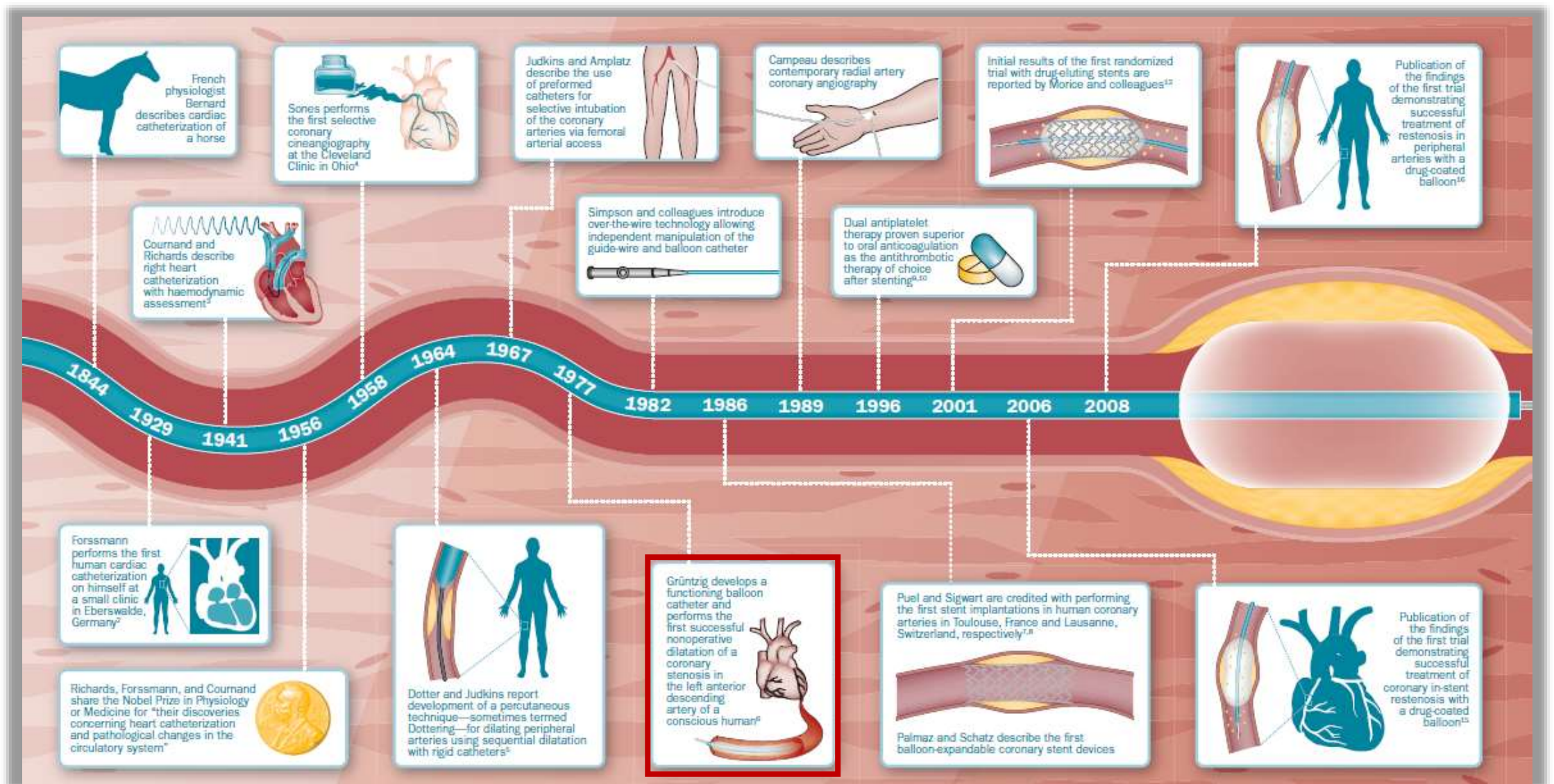
New Roads | Leaving Nothing Behind

4

Advances in Lesion Preparation & Complex PCI

5

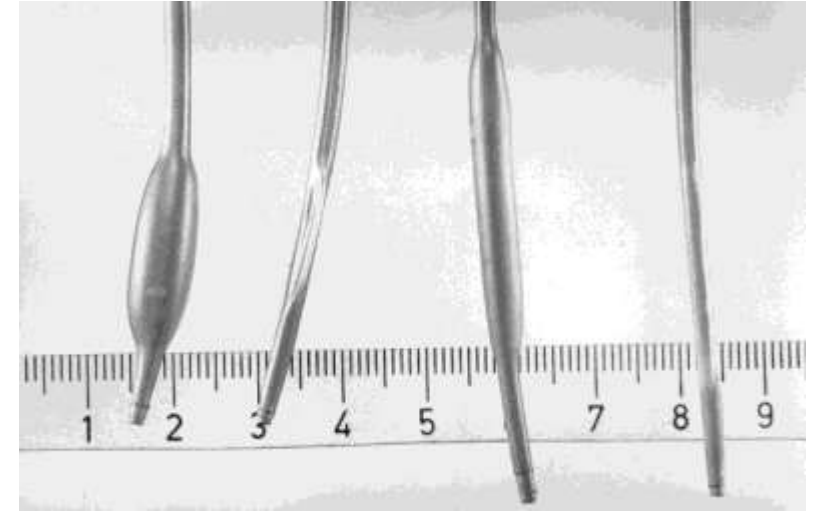
Contemporary Optimal Indication post ISCHEMIA



# A brief history of catheter intervention

Byrne, Kastrati | Nat Rev Cardiol 2015

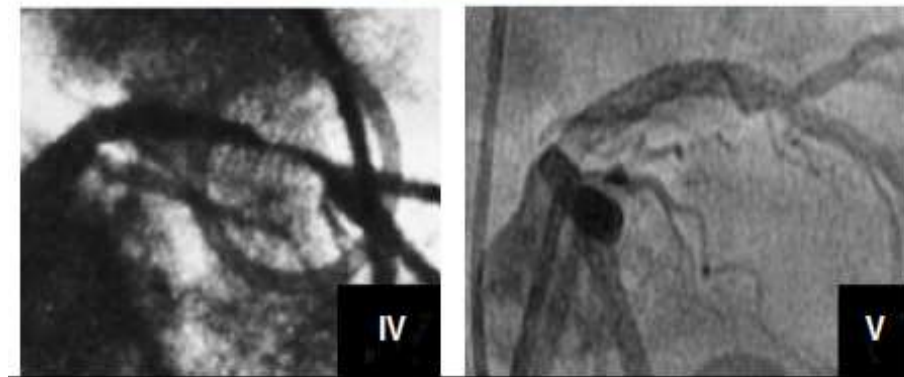
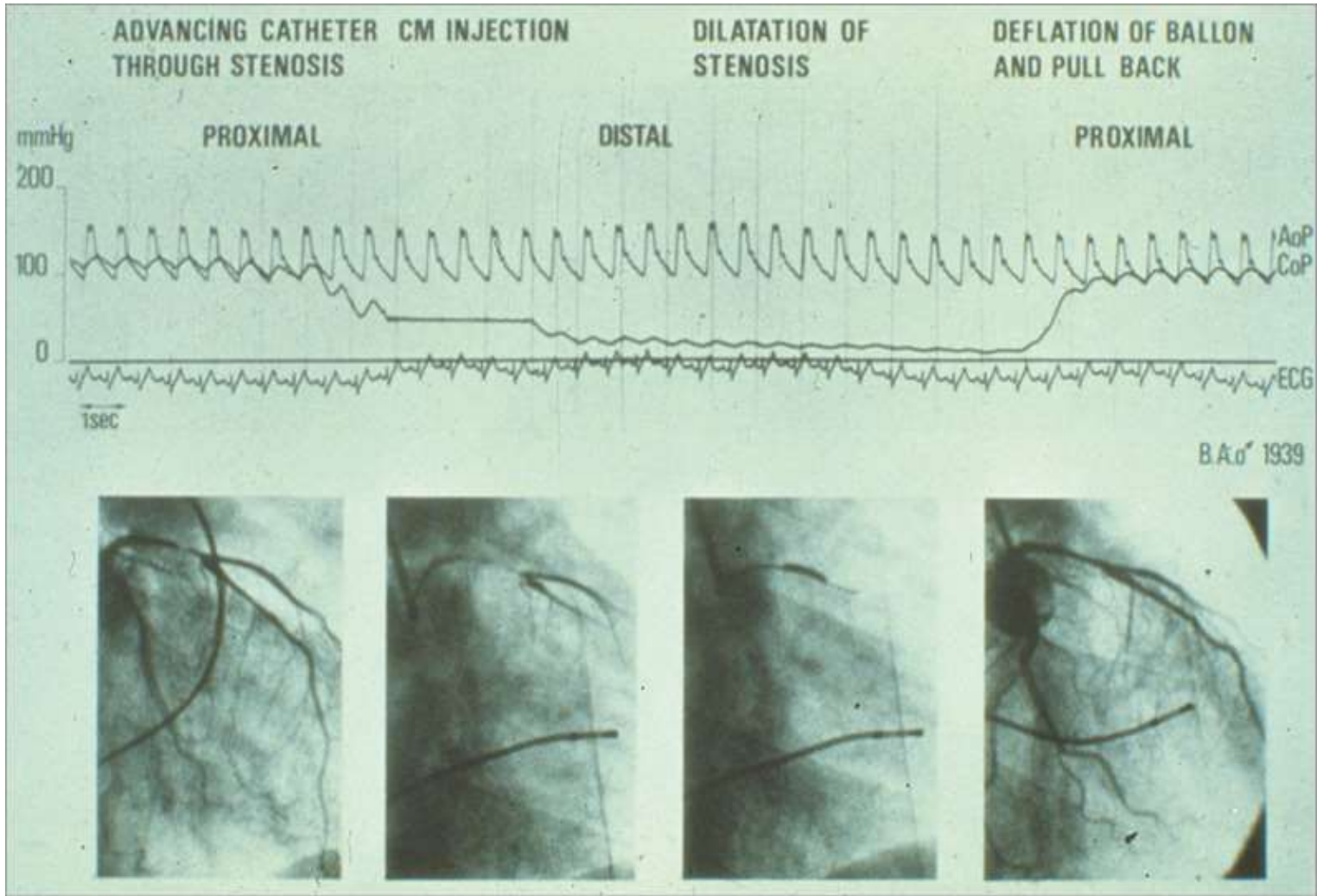
# History of coronary angioplasty: first steps



Byrne et al. | Lancet 2017; Meier | EuroIntervention 2017; Original photographs c/o M. Schlumpf

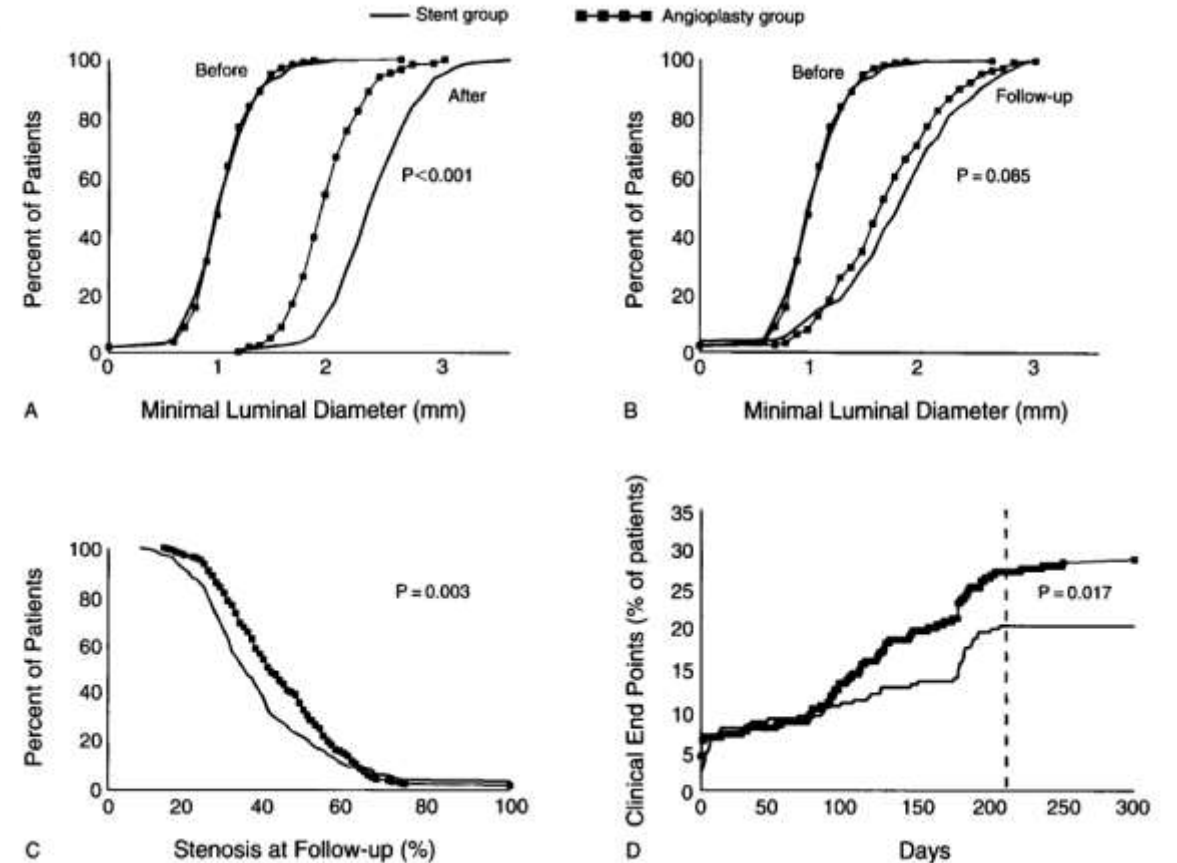
# The first angioplasty case

Universitätsspital Zürich, Switzerland | September 16, 1977



# Pioneering of coronary stenting

*Systematic stent implantation improved angiographic and clinical outcomes*



**Sigwart/Puel March/April 1986**

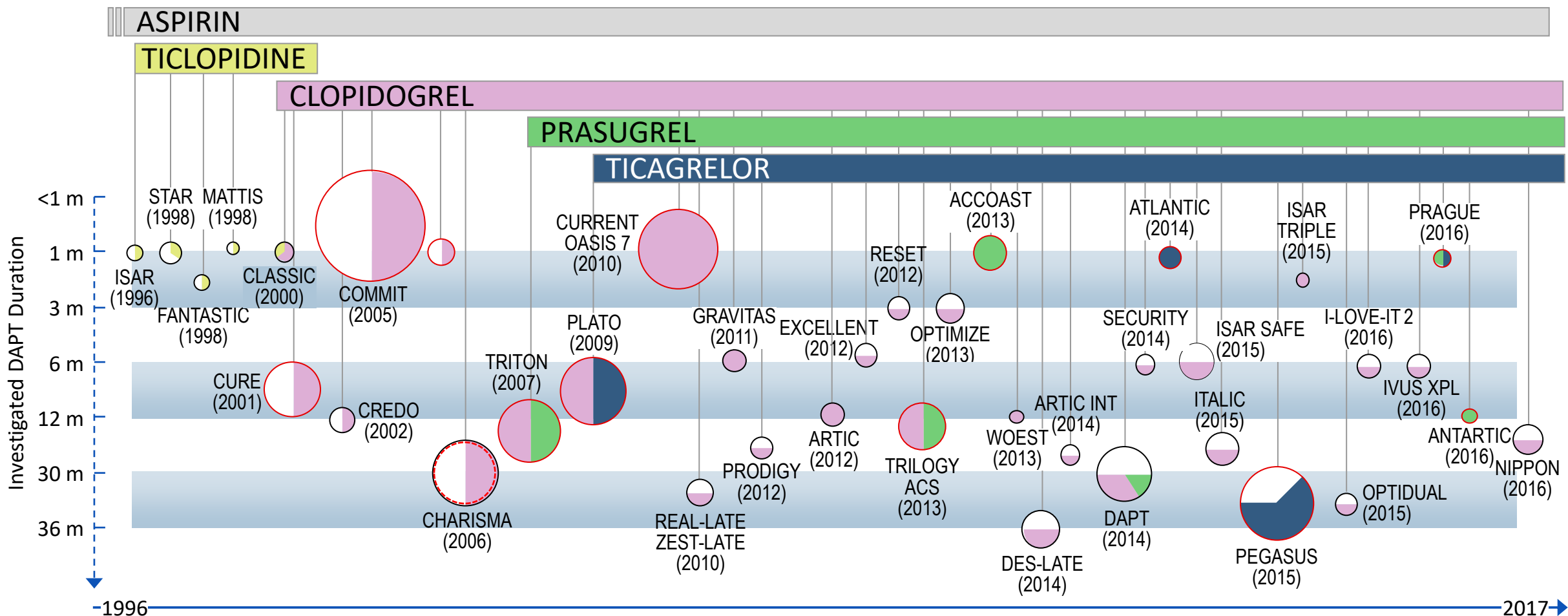
**BENESTENT 1994**

Sigwart et al. N Engl J Med 1987 | Puel et al. EuroIntervention 2009 | Serruys et al. N Engl J Med 1994

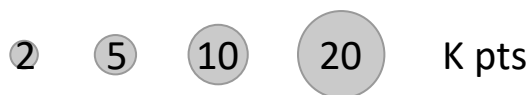




# History of dual antiplatelet therapy (DAPT) in patients with coronary artery disease



Size of the circles denotes sample size



Perimeter of the circles denotes type of investigated population

- Mixed clinical presentation at the time of stent implantation
- Acute coronary syndrome at presentation
- DAPT initiated in patients with prior myocardia infarction
- DAPT for primary prevention












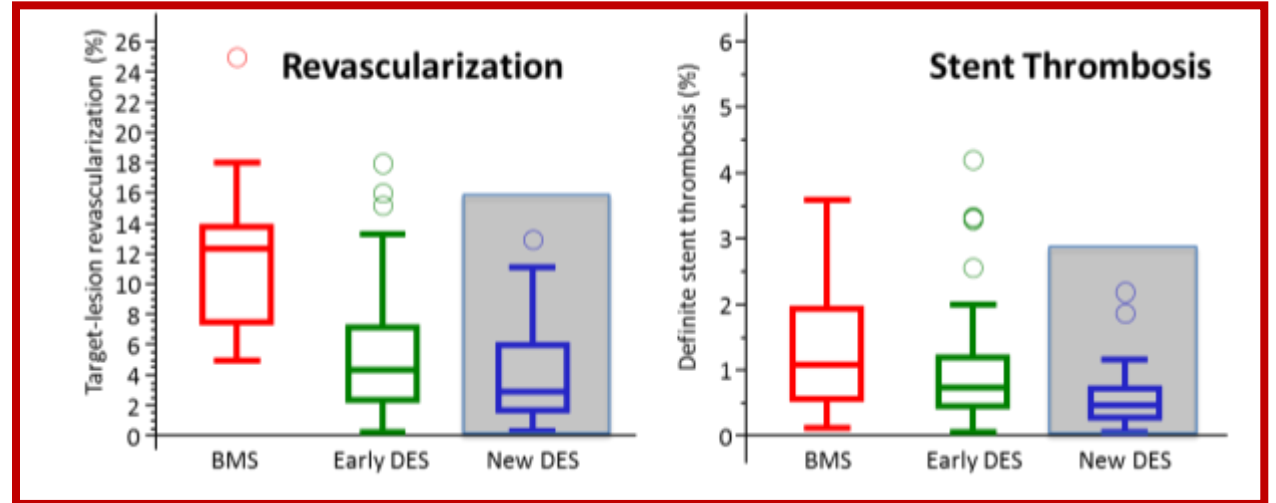
# Summary #1 | Introduction of stents and effective antiplatelet treatment were critical to ensure stable and reproducible results

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# Drug-eluting stents: breakthrough technology

Durable polymer-coated stent		Biodegradable polymer-coated stent					Polymer-free drug-eluting stent	
Abbott/Boston	Medtronic	Biotronic	Tenumo	Translumina	Boston	Biosensors	B. Braun	Biosensors
Xience/Promus	Resolute	Orsiro	Ultimaster	Yukon Choice PC	Synergy	BioMatrix	Coroflex ISAR	BioFreedom
CoCr/PLCr-EES	CoNi-ZES	CoCr-SES	CoCr-sES	316L-SES	PLCr-EES	316L-BES	316L-SES/probucol	316L-BES
								
81 µm	91 µm	60 µm	80 µm	87 µm	74 µm	120 µm	65 µm	112 µm
Circumferential		Abluminal						



## Recommendations

DES are recommended over BMS for any PCI irrespective of:

- clinical presentation,
- lesion type,
- planned non-cardiac surgery,
- anticipated duration of DAPT,
- concomitant anticoagulant therapy.

**Class**

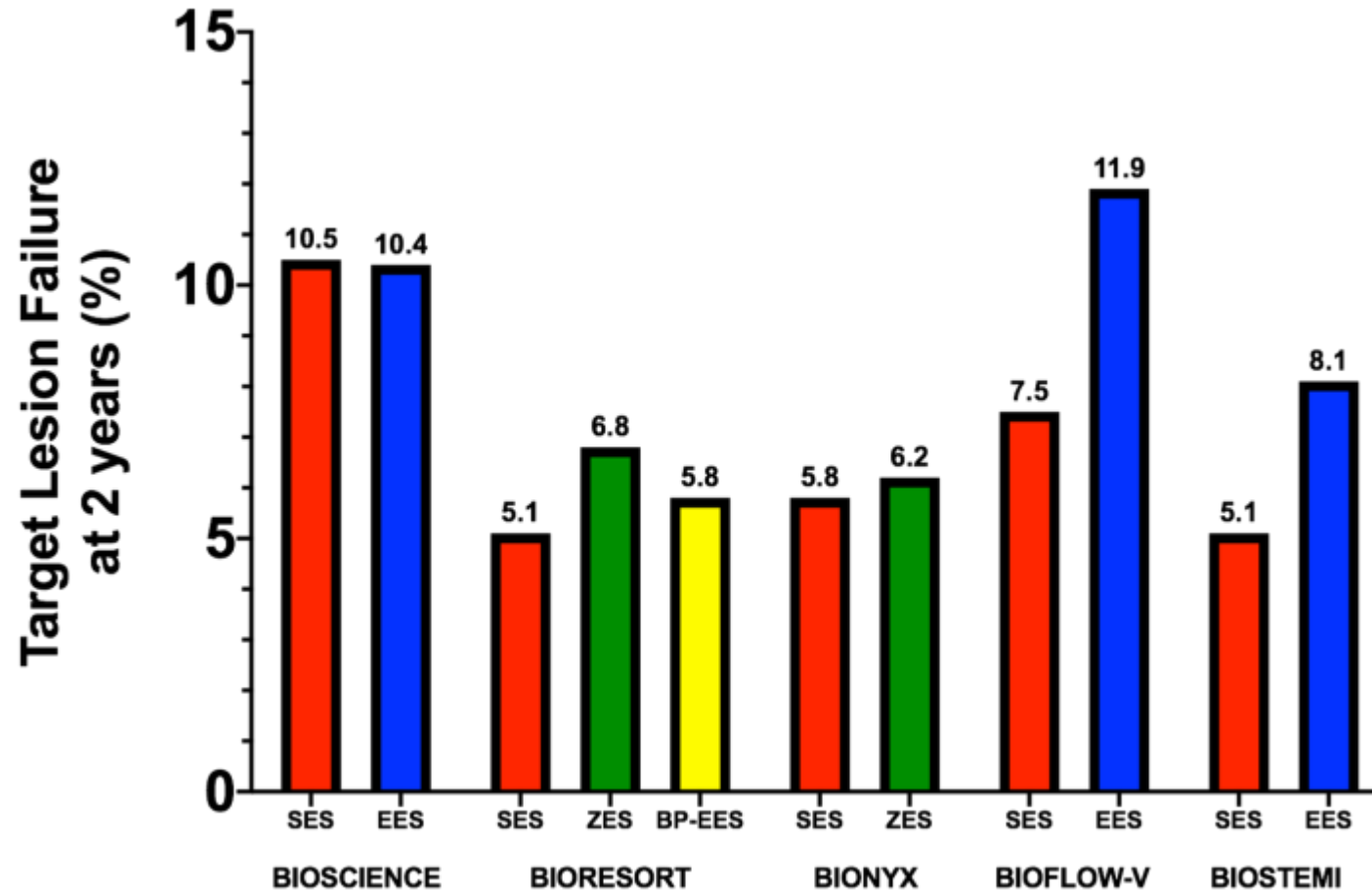
**I**

**Level**

**A**

# Biodegradable polymer vs durable polymer DES

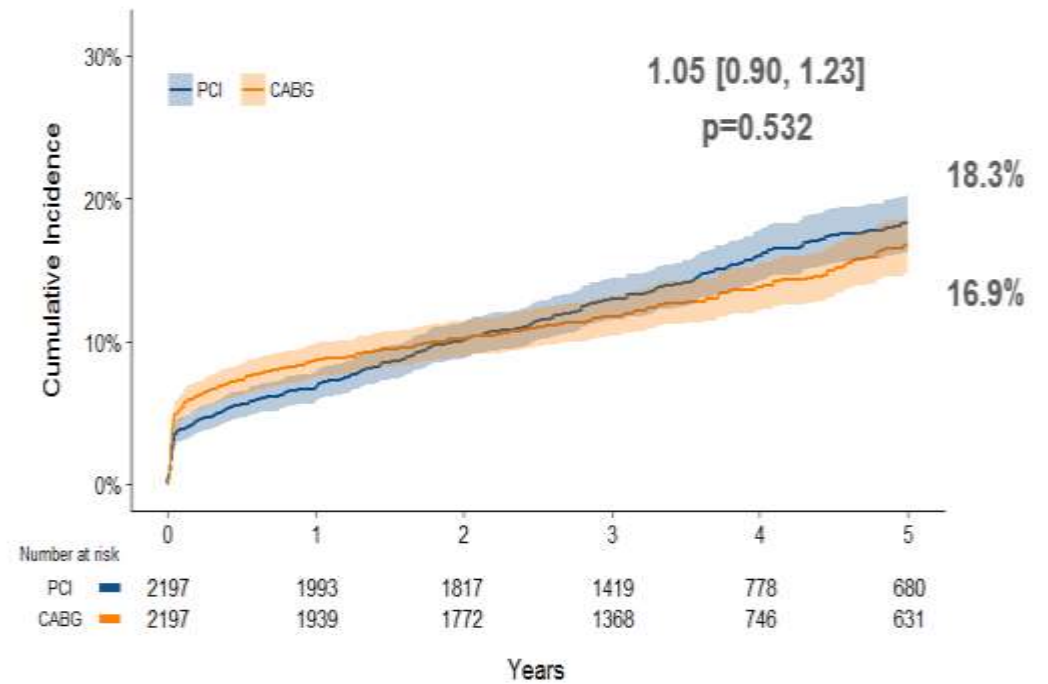
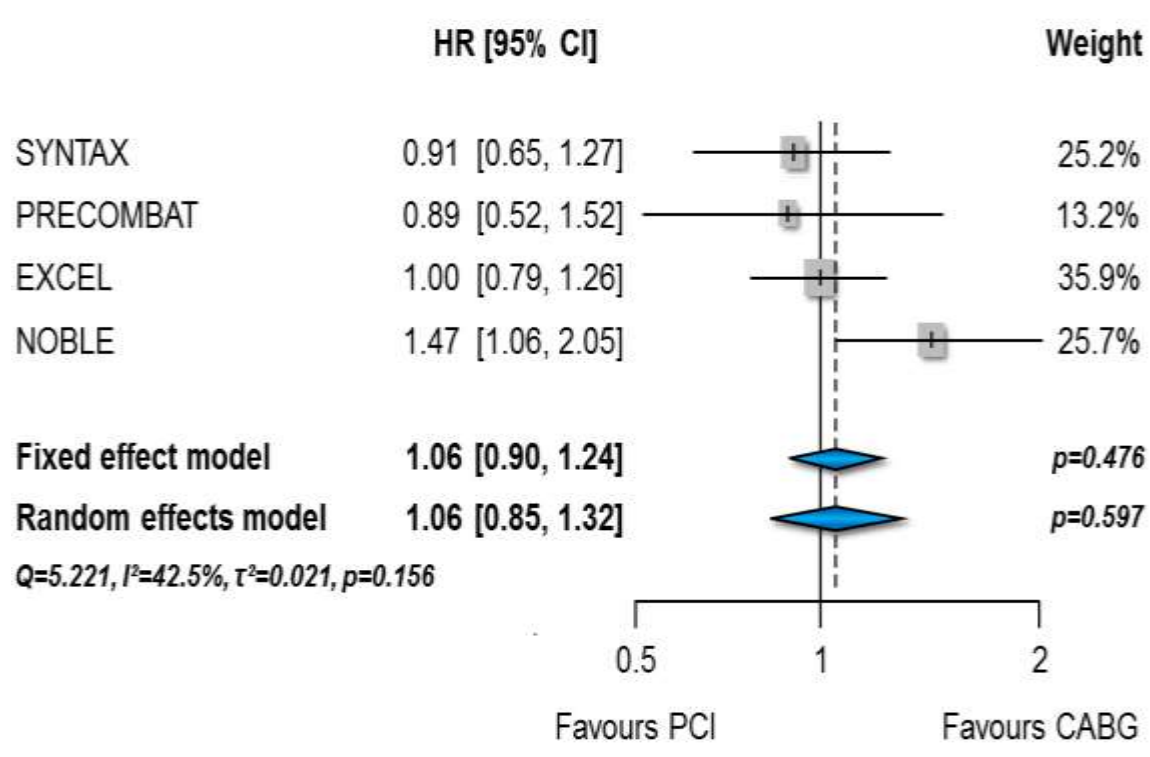
*“When choosing a stent from those widely-used and approved for clinical use in 2021 type of polymer coating is unlikely to represent the decisive factor in its own right”*



# Stenting for left main stem disease

## PCI vs CABG randomized trials with long-term follow-up

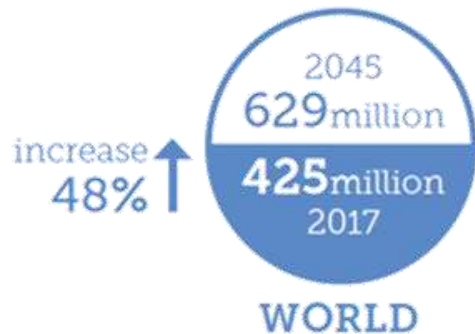
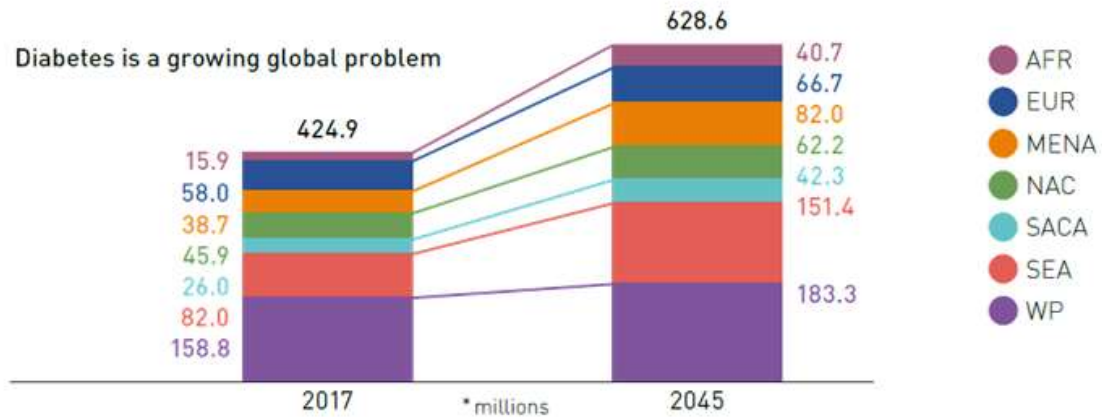
### Composite of death, myocardial infarction or stroke



# Diabetes Mellitus and Percutaneous Coronary Intervention

*The burden of DM continues to increase and DES performance still suboptimal*

## The growing problem of diabetes

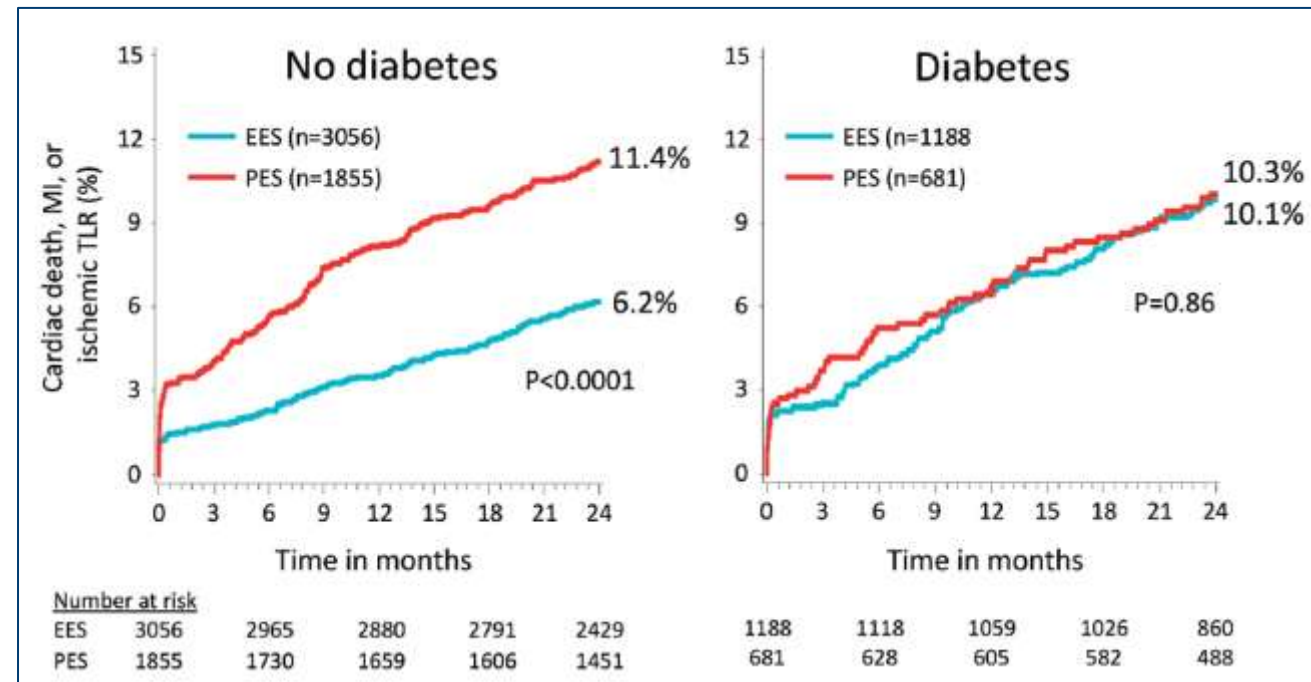


IDF DIABETES ATLAS  
Eighth edition 2017

## DES performance in DM pts is still unsatisfactory

SPIRIT/ COMPARE pooled patient level analysis

(Spirit II, Spirit III, Spirit IV, Compare - 6789 pts)





## Summary #2 | High-efficacy DES have facilitated expansion of PCI to more complex disease patterns...

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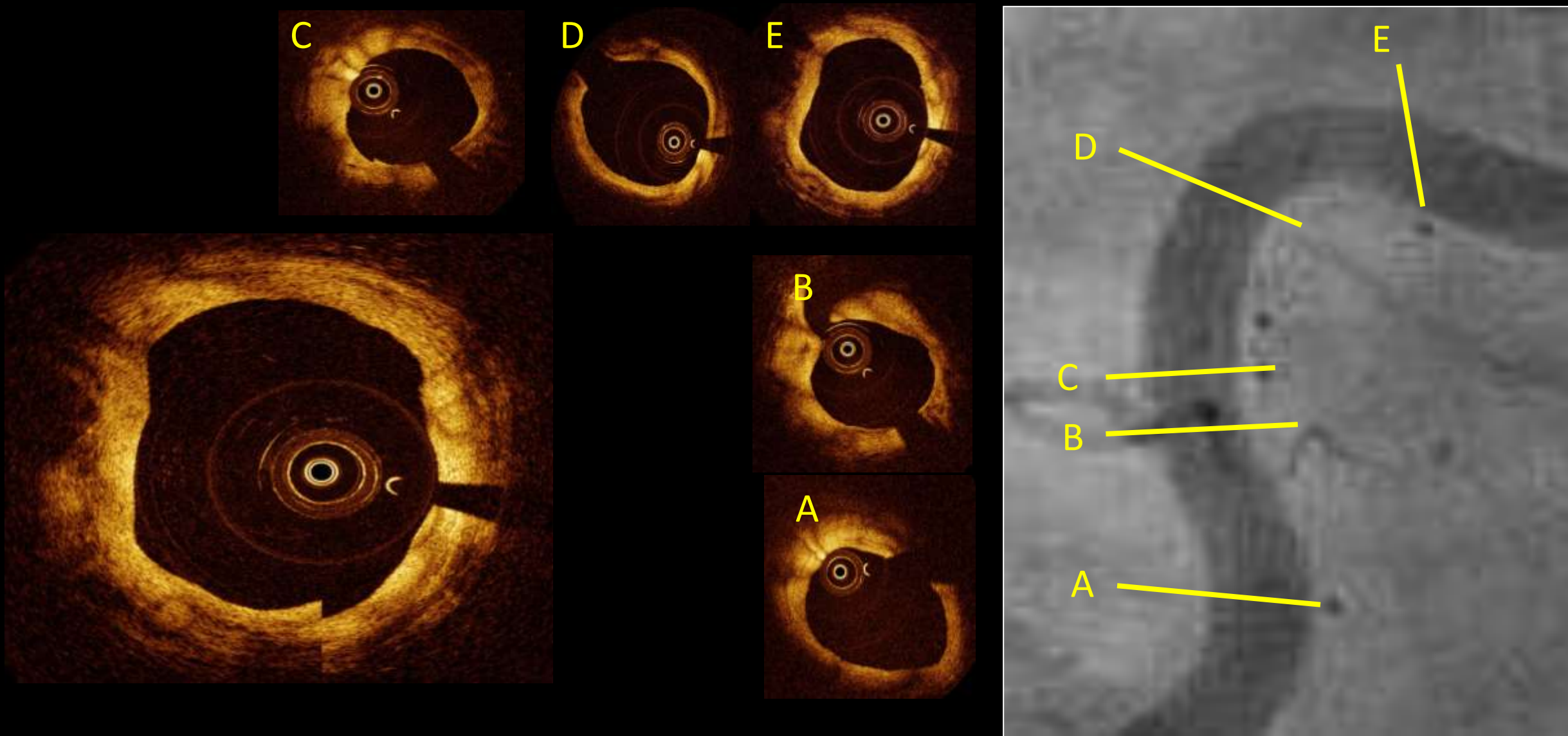
## Summary #3 | ...patients with diabetes continue to have unmet need and dedicated stents may have a role in the future

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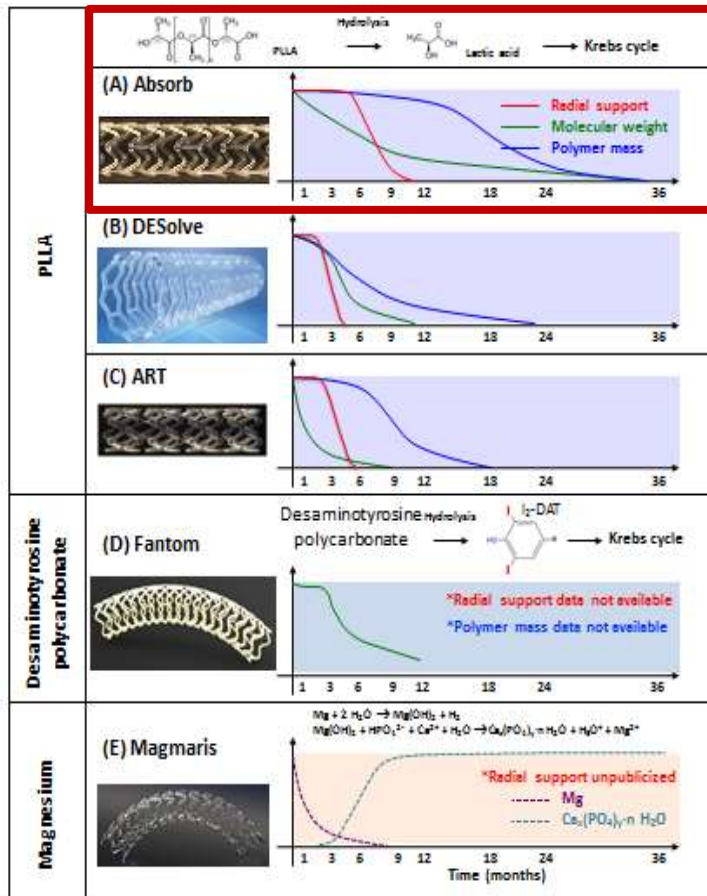




# Bioresorbable scaffold (I-T) at 10-year FU



# Bioresorbable scaffolds: work in progress



## Target lesion failure

Trial	BVS		EES		Odds Ratio [95% Confidence intervals]		Weight	
	Events	Total	Events	Total	(fixed)	(random)	(fixed)	(random)
ABSORB China	13	236	11	235	1.19	[0.52; 2.71]	6.0%	5.8%
ABSORB II	34	325	8	161	2.23	[1.01; 4.95]	5.5%	6.2%
ABSORB III	143	1296	53	671	1.45	[1.04; 2.01]	35.7%	36.2%
ABSORB Japan	23	258	7	128	1.69	[0.71; 4.05]	4.9%	5.2%
AIDA	91	899	78	894	1.18	[0.86; 1.62]	40.4%	39.1%
EVERBIO II	16	78	13	80	1.33	[0.59; 2.99]	5.9%	6.0%
TROFI II	3	95	3	96	1.01	[0.20; 5.14]	1.7%	1.5%

Model	Events	Total	Events	Total	Odds Ratio [95% Confidence intervals]	Weight (fixed)	Weight (random)
Fixed effect model	323	3187	173	2265	1.36 [1.12; 1.66]	100.0%	--
Random effects model					1.35 [1.14; 1.61]	--	100.0%

Heterogeneity:  $I^2 = 0\%$ ,  $\tau^2 = 0$ ,  $p = 0.82$

0.1 0.2 0.5 1 2 5 10  
BVS better EES better

## Scaffold thrombosis (def/prob)

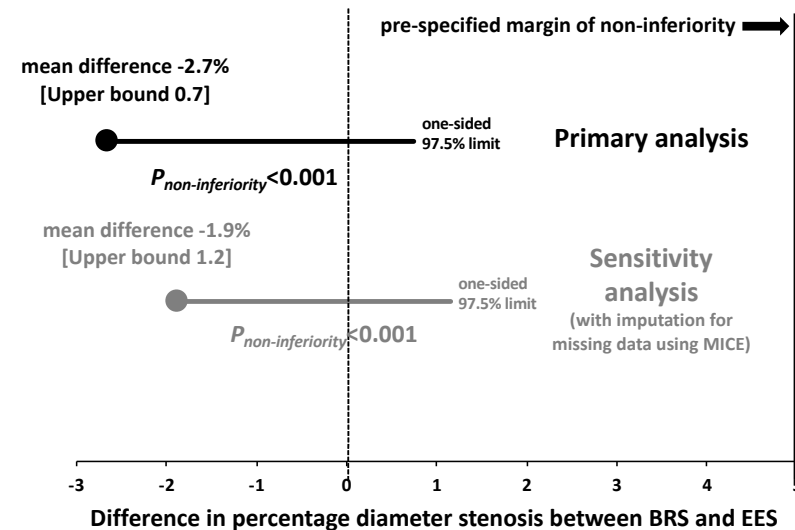
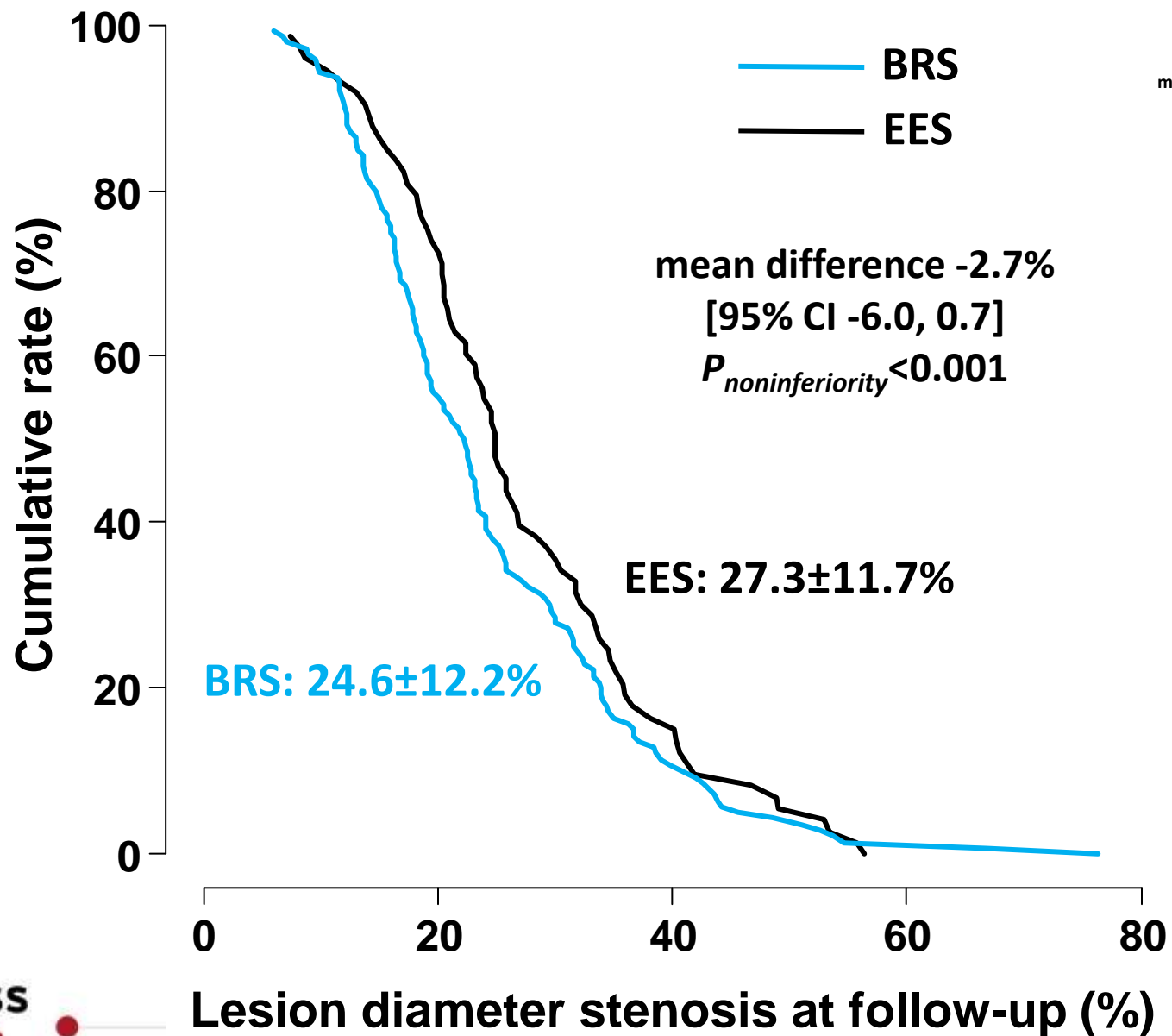
Trial	BVS		EES		Odds Ratio [95% Confidence intervals]		Weight	
	Events	Total	Events	Total	(fixed)	(random)	(fixed)	(random)
ABSORB China	2	235	0	229	4.91	[0.23; 102.92]	2.6%	3.0%
ABSORB II	9	321	0	158	9.64	[0.56; 166.64]	3.3%	3.4%
ABSORB III	24	1296	5	671	2.51	[0.95; 6.62]	33.3%	29.5%
ABSORB Japan	9	258	2	128	2.28	[0.48; 10.70]	13.3%	11.6%
AIDA	31	899	8	894	3.96	[1.81; 8.65]	39.9%	45.1%
EVERBIO II	1	78	0	80	3.12	[0.13; 77.66]	2.5%	2.7%
TROFI II	2	95	1	96	2.04	[0.18; 22.92]	5.0%	4.7%

Model	Events	Total	Events	Total	Odds Ratio [95% Confidence intervals]	Weight (fixed)	Weight (random)
Fixed effect model	78	3182	16	2266	3.36 [1.98; 5.66]	100.0%	--
Random effects model					3.24 [2.34; 4.60]	--	100.0%

Heterogeneity:  $I^2 = 0\%$ ,  $\tau^2 = 0$ ,  $p = 0.96$

0.1 0.2 0.5 1 2 5 10  
BVS better EES better

# Acute MI as BRS Niche? | ISAR-ABSORB MI: 1° Endpoint





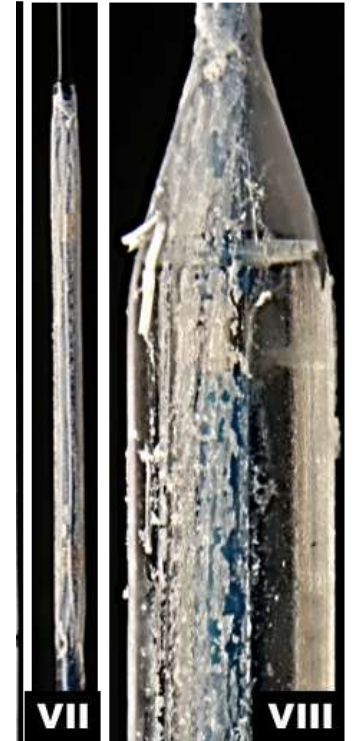
# Summary #4 | The concept of bioresorbable scaffold therapy remains valid and further iteration and clinical testing is warranted

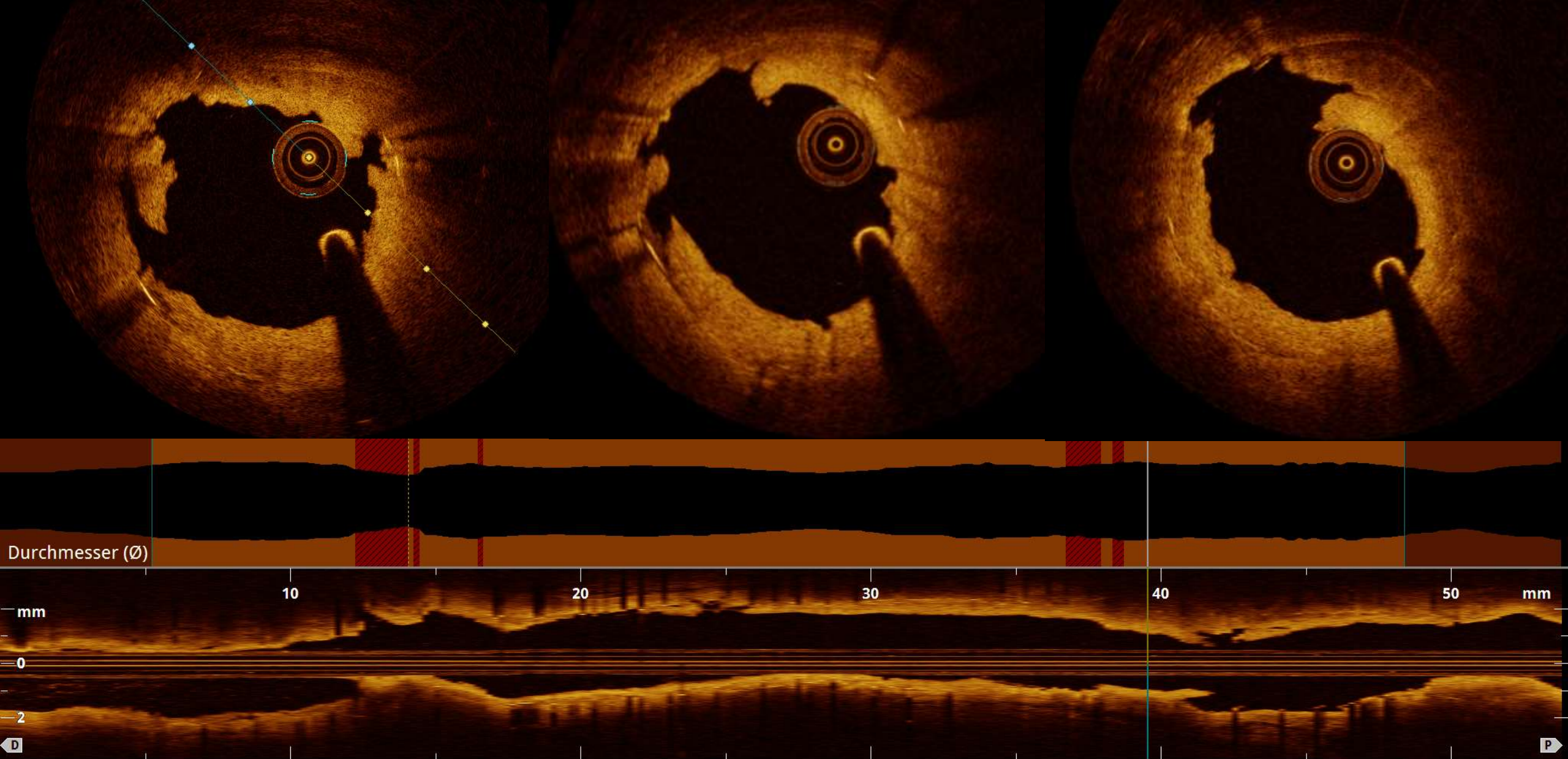
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# Drug-Coated Balloon Angioplasty

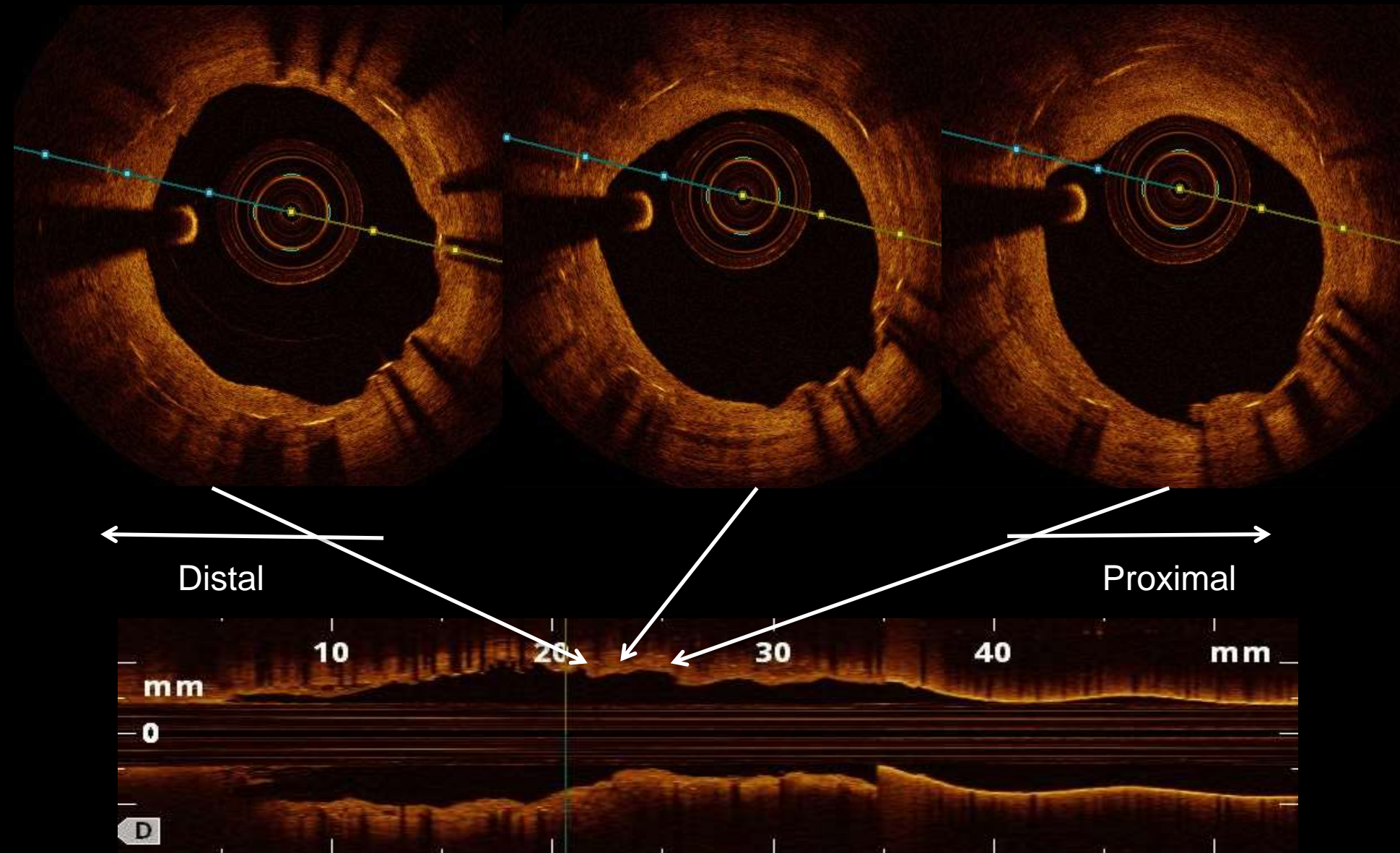
*Meticulous attention to angioplasty technique is critical*





***After DCB angioplasty accept a result that is not “stent-like”***

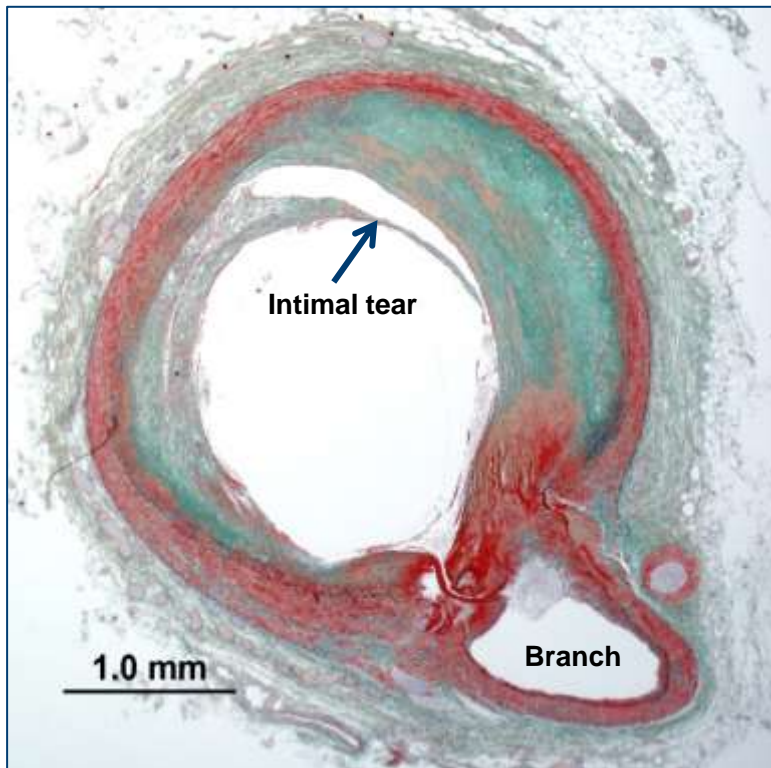
# Optical coherence tomography (OCT) imaging (6-8 month FU)



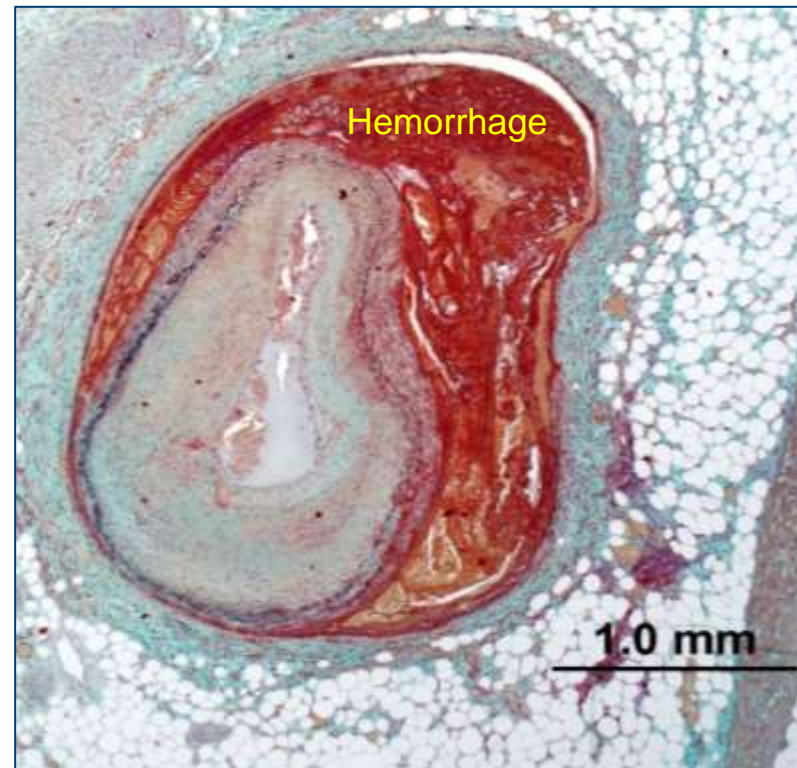
# Dissections After Balloon Angioplasty

## Drug-Coated Balloon Angioplasty for De Novo Stenosis

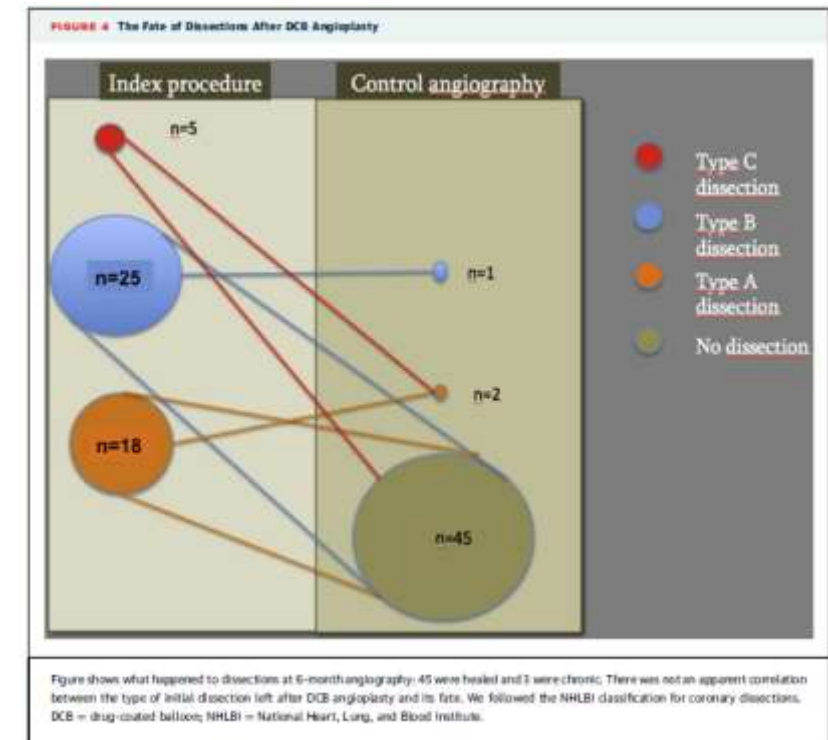
(A) Intimal tear



(B) Major medial dissection



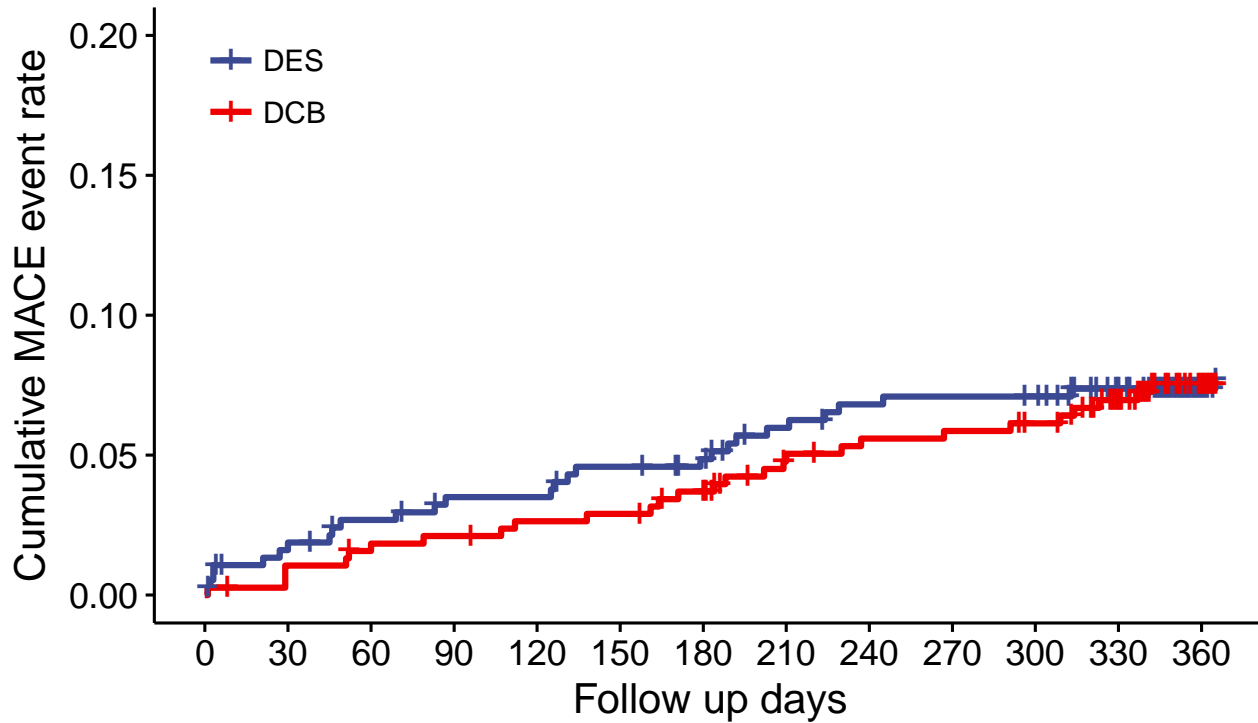
## Fate of Dissections After DCB Angioplasty



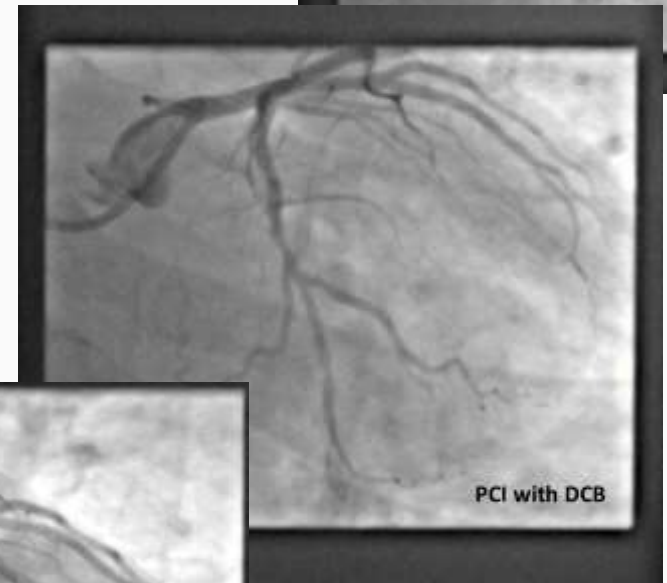
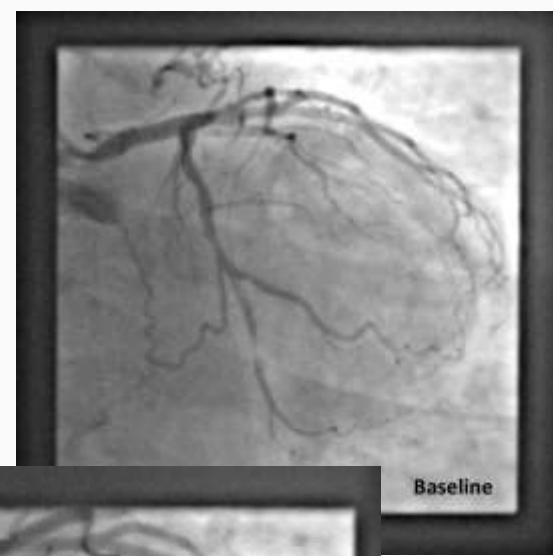
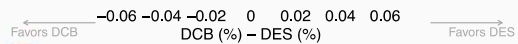


# BASKET-SMALL 2: MACE (12 Months)

HR 0.97, 95% CI 0.58 to 1.64; p=0.9180



Set	Level	Events	Difference	CI	p
PPS	DES	27 / 359 (7.52%)			
	DCB	28 / 370 (7.57%)	0.0005	[-0.038, 0.039]	0.0217
FAS	DES	28 / 376 (7.45%)			
	DCB	28 / 382 (7.33%)	-0.0012	[-0.040, 0.037]	0.0152





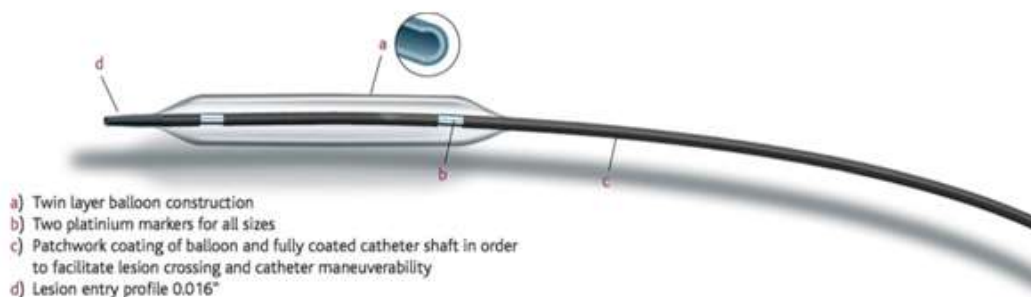
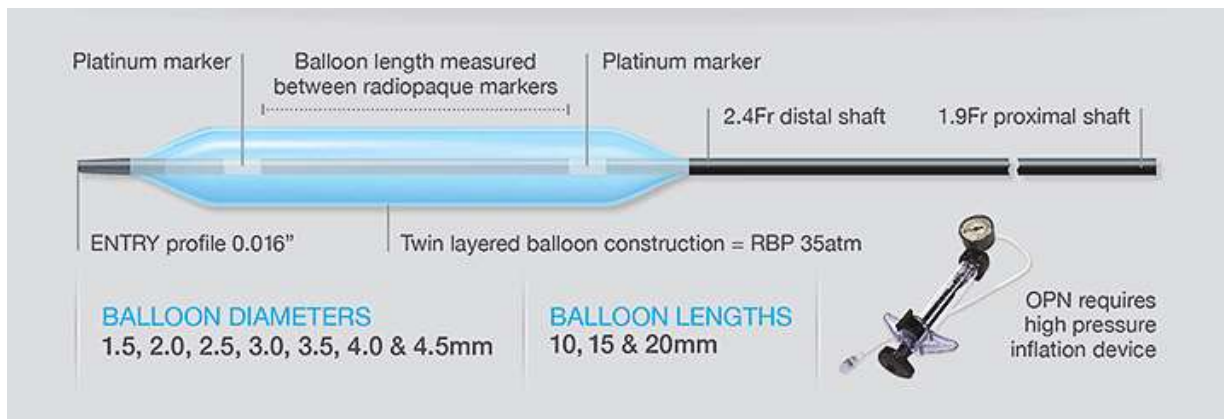
## Summary #5 | Drug-coated balloon therapy shows promise in de novo disease but further testing is required

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# Super high pressure balloon angioplasty

## OPN Balloon permits lesion dilation up to 55 bar



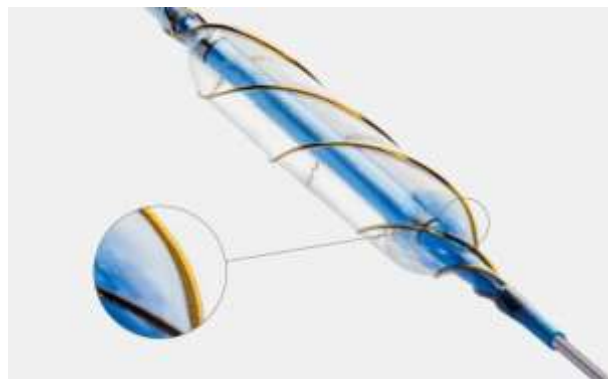
### SIS MEDICAL DISTRIBUTION AG Inflation Devices



	SIS MEDICAL 40atm Inflation Device	SIS MEDICAL 55atm Inflation Device
Description	For standard and high pressure PTCA up to 40 atm	For super high pressure PTCA up to 55 atm
Ordering Information (REF)	96346	96463
Units per Pack	1	1
Technical Specifications		
Volume [ml, cc]	25	14
Manometer Resolution [atm]	2 (up to 20 atm), 5 (up to 40 atm)	1
Materials	Housing, plunger: Polycarbonate Other parts: plastics (glass fibre reinforced) and metal	

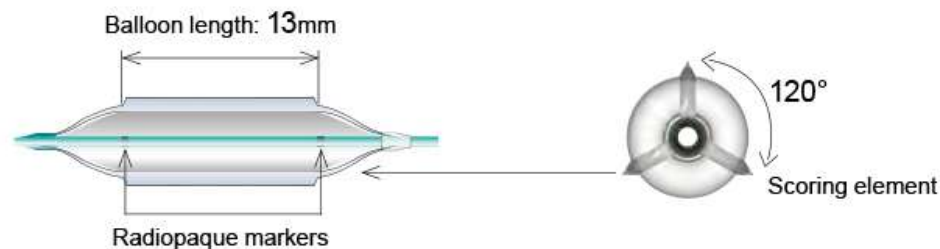
# Lesion preparation: scoring balloon catheters

## AngioSculpt



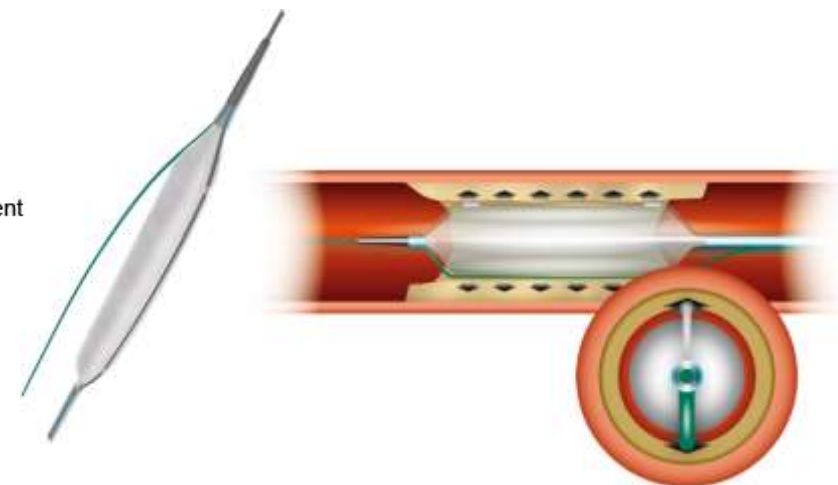
- ~0.005" rectangular scoring elements
- 3 nitinol spiral "scoring" wires
- Nitinol enhanced active deflation

## NSE-Alpha



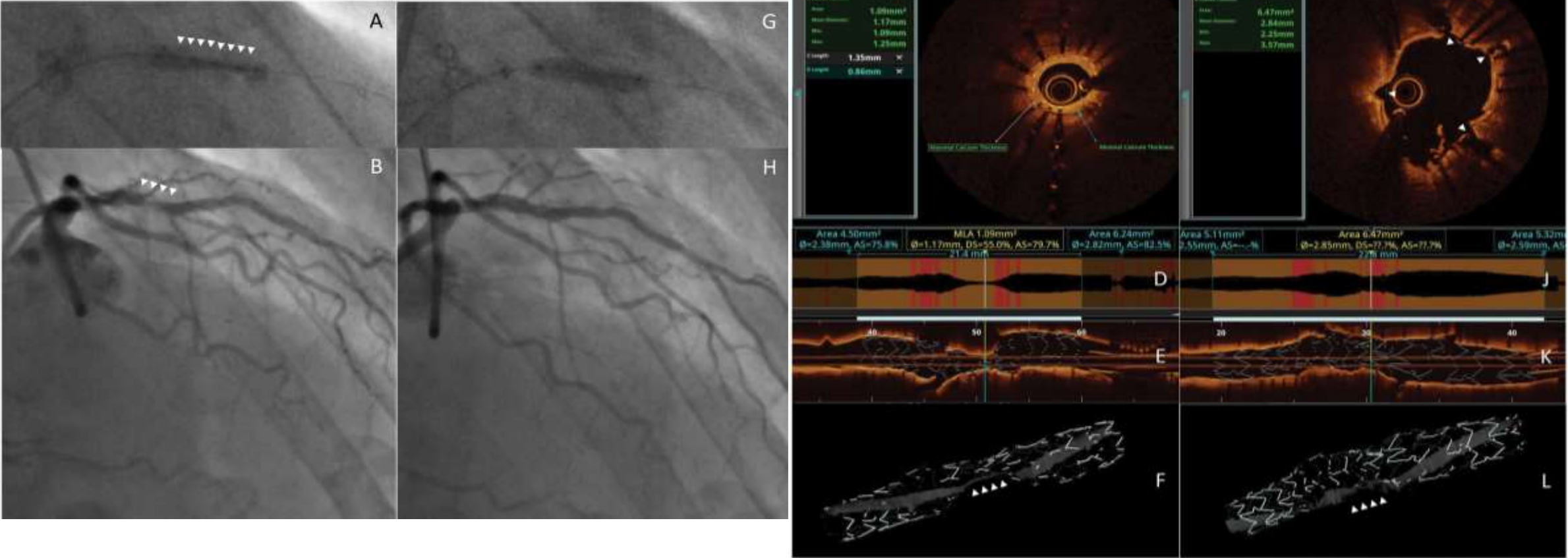
- 3 triangle- shaped non-slip scoring elements
- Rolled up balloon folding
- Resistant nylon material

## Scoreflex



- 0.011" nitinol integral wire
- Crossing profile 0.030"
- Guide wire exit port 11mm from distal tip

# Intravascular lithotripsy for calcified in-stent restenosis





## Summary #6 | Improved tools for lesion preparation facilitate safer and more effective treatment of complex disease patterns

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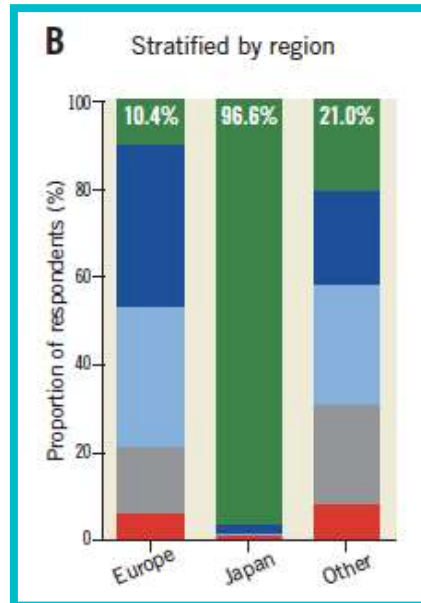
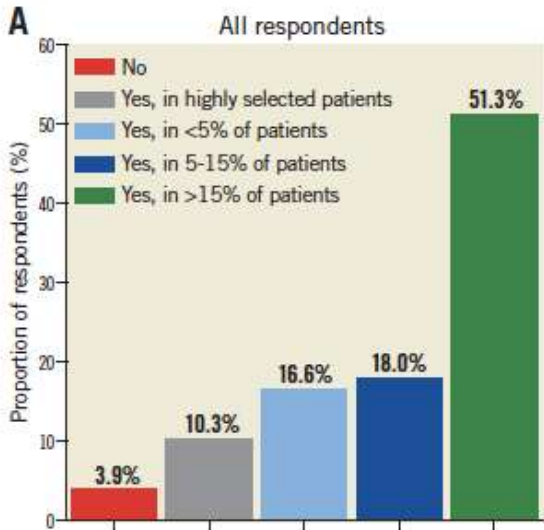
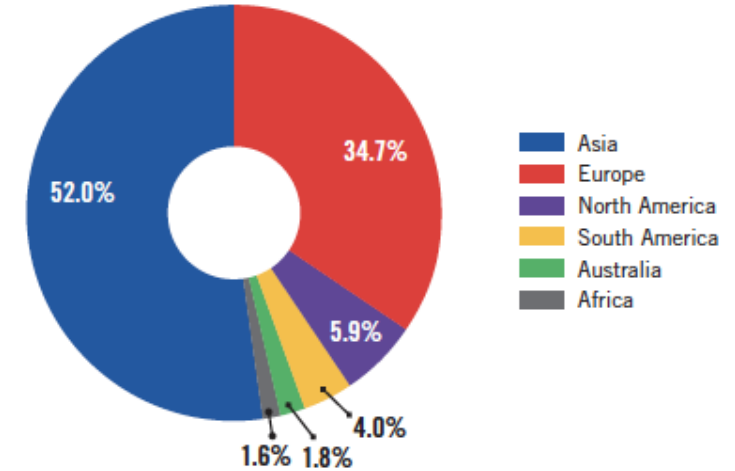
# Results of EAPCI/CVIT Survey on Intravascular Imaging

**Current use of intracoronary imaging in interventional practice – Results of a European Association of Percutaneous Cardiovascular Interventions (EAPCI) and Japanese Association of Cardiovascular Interventions and Therapeutics (CVIT) Clinical Practice Survey**

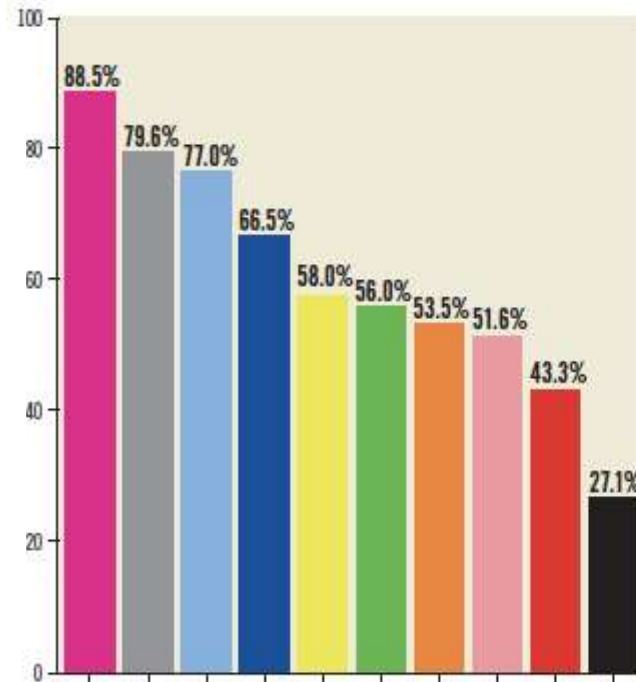


Konstantinos C. Koskinas<sup>1\*</sup>, MD; Masato Nakamura<sup>2</sup>, MD; Lorenz Räber<sup>1</sup>, MD, PhD; Roisin Colleran<sup>3</sup>, MD; Kazushige Kadota<sup>4</sup>, MD; Davide Capodanno<sup>5</sup>, MD, PhD; William Wijns<sup>6</sup>, MD, PhD; Takashi Akasaka<sup>7</sup>, MD; Marco Valgimigli<sup>1</sup>, MD, PhD; Giulio Guagliumi<sup>8</sup>, MD; Stephan Windecker<sup>1</sup>, MD; Robert A. Byrne<sup>3,9</sup>, MD, PhD

**Sample cohort:  
1,105 respondents  
(92% practising  
interventionists)**



Clinical indications for IVUS/OCT

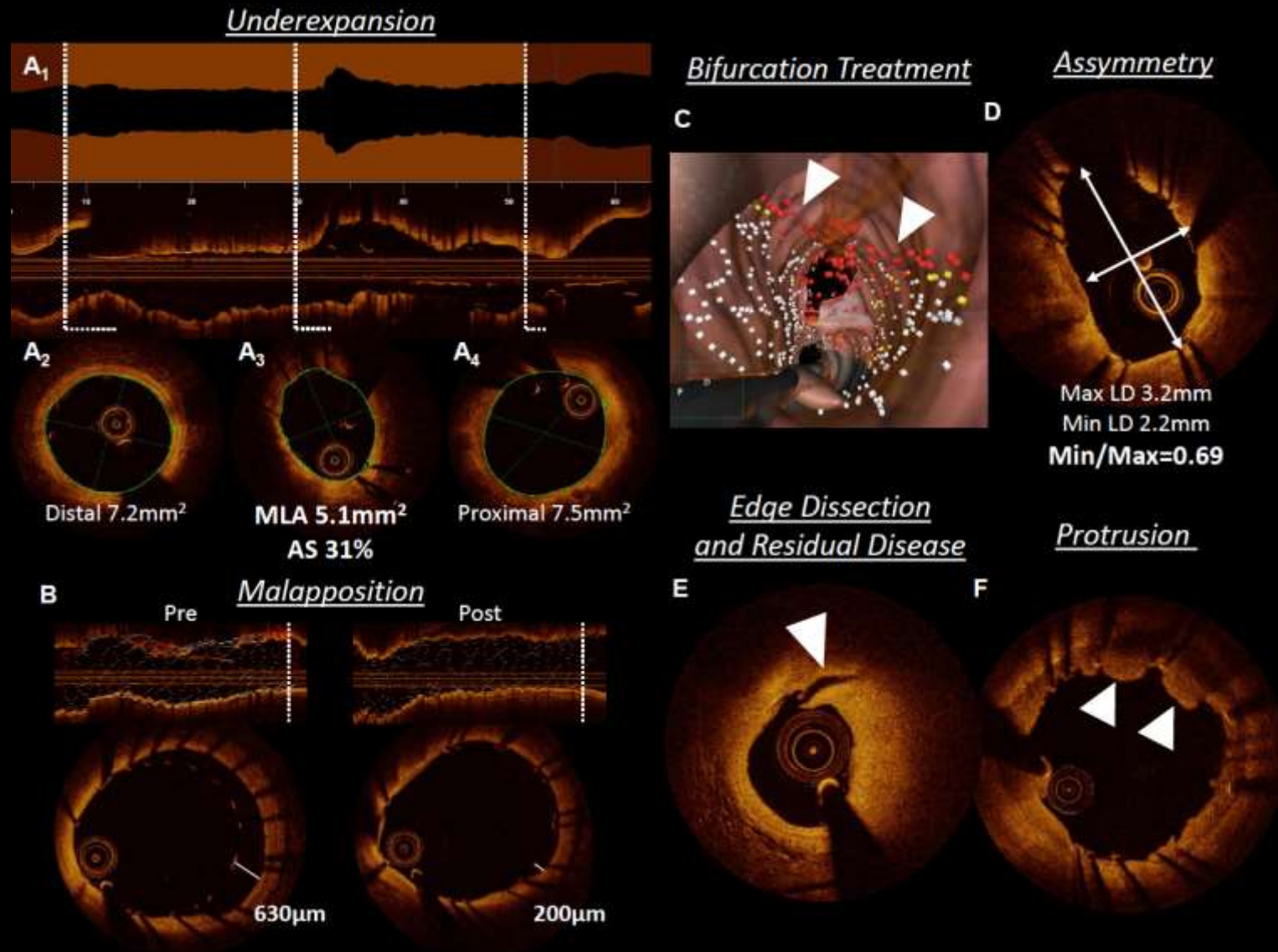


- Optimize the procedural result of stenting in selected cases
- Guide procedural strategy planning in selected cases
- Guide left main interventions
- Identify mechanisms of stent thrombosis / in-stent restenosis
- Facilitate diagnosis in selected cases (complex / ambiguous anatomy on angiography)
- Assessment of intermediate left main lesions
- Guide intervention in bifurcation lesions
- Guide intervention in CTO
- Guide implantation of bioresorbable scaffolds
- Assessment of intermediate non-left main lesions

# PCI Optimization – actionable OCT findings

## ILUMIEN I Study

- Clinically satisfactory stenting using angiographic guidance
- Additional stent optimization based on OCT in 25% of patients





# ILUMIEN IV | OCT Stent Sizing Algorithm

Pre-PCI OCT<sup>1</sup>

Measure the **EEL** at both proximal and distal **reference** segments, if possible.<sup>2</sup>

Can the **EEL** be identified at the **distal reference** segment to allow **vessel diameter** measurement?<sup>3</sup>

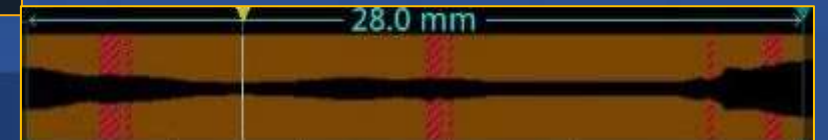
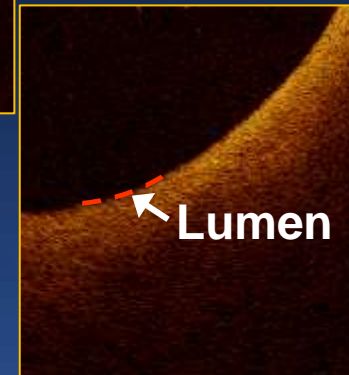
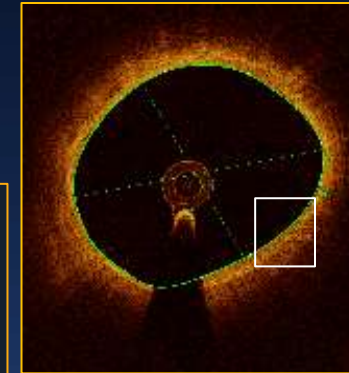
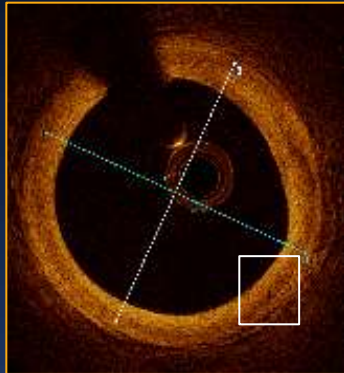
Yes

No

Stent diameter decided by OCT measurement of mean EEL to EEL diameter rounded **down** to nearest stent size<sup>4</sup>

Stent diameter decided by OCT measurement of mean lumen diameter rounded **up** to nearest stent size<sup>4</sup>

Stent length determined by OCT automation adjusted for Xience DES<sup>5</sup>





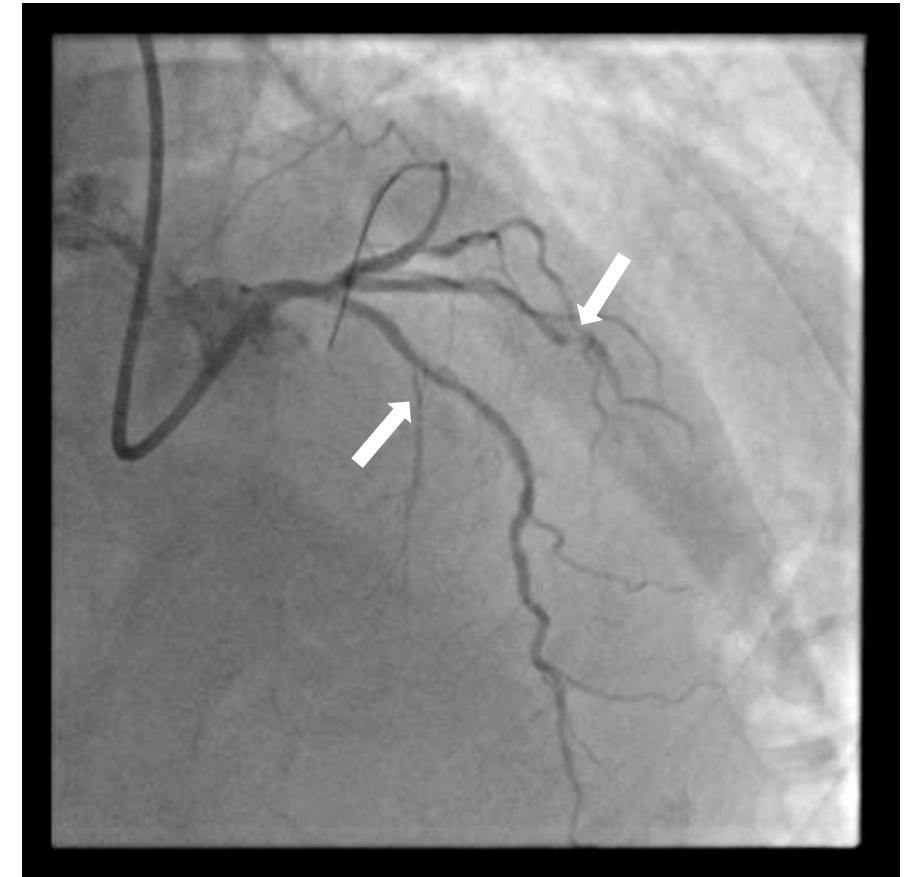
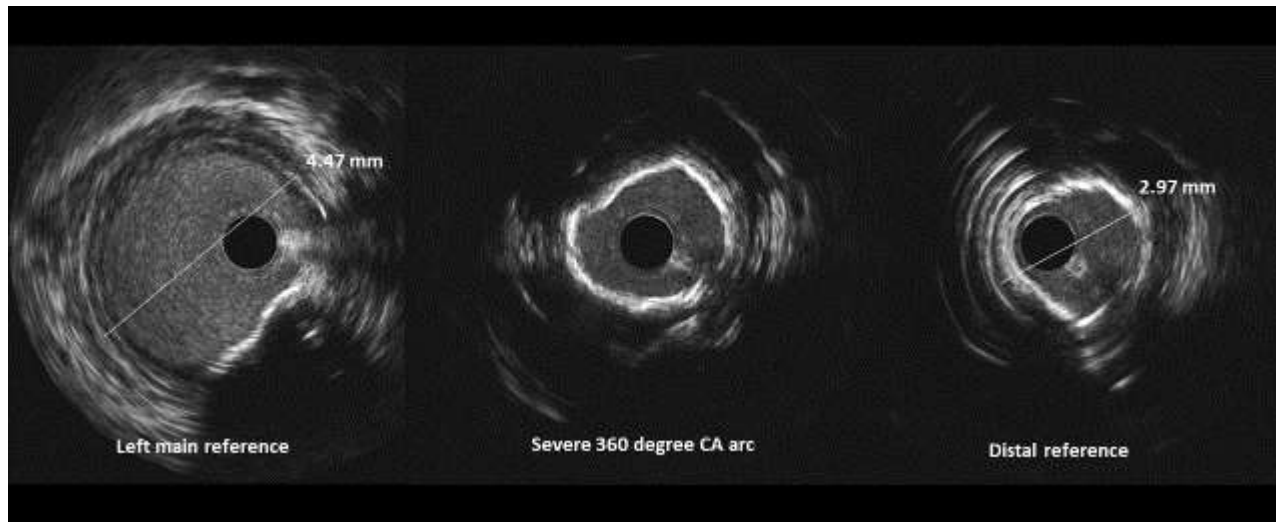
## Summary #7 | Detailed automated algorithms to guide stent implantation may further improve outcomes with PCI

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# Case history (I)

*72-year old male with stable angina (CCS II-III) & hs Troponin <14 pg/ml*

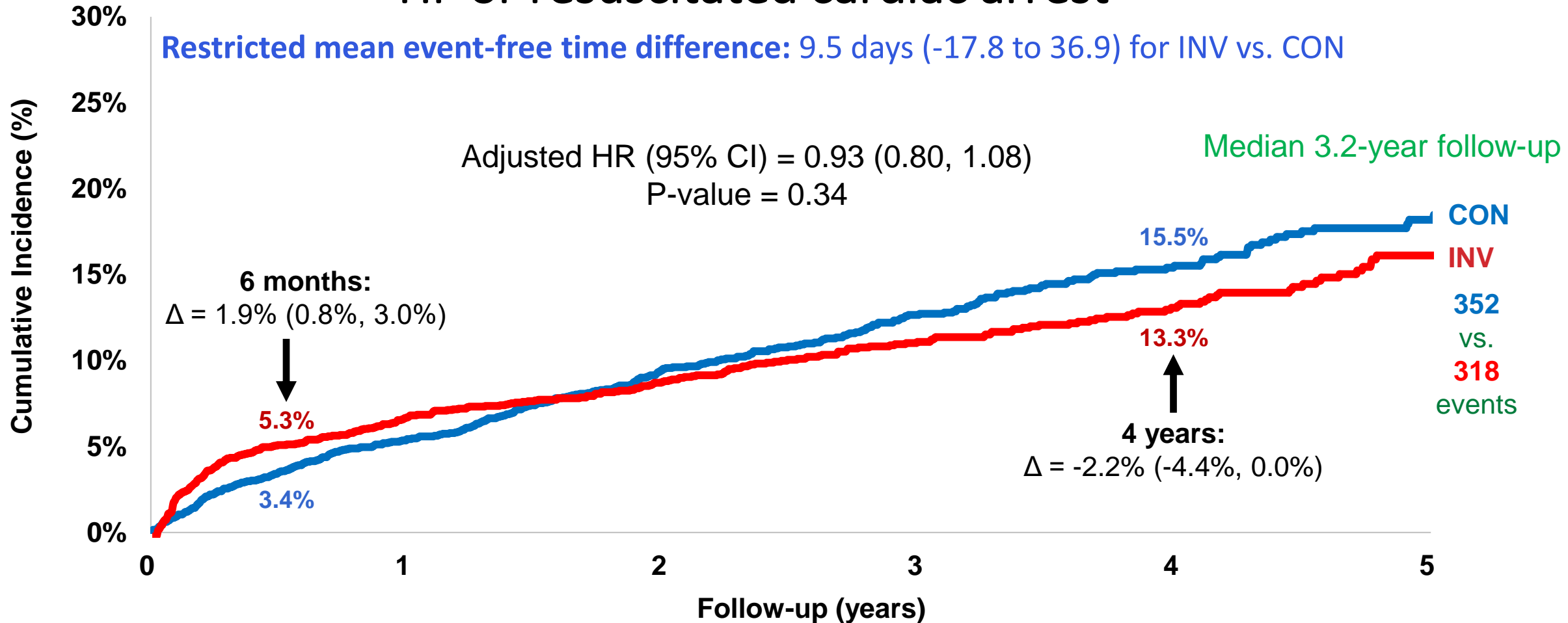


New onset, typical angina pectoris since 07/20

Coronary angiography > severe calcific 3-VD with  
LMS# and preserved LV function

***ISCHEMIA Trial data suggest risks/benefits of revascularization  
and modality of choice should be assessed offline incl. MDT***

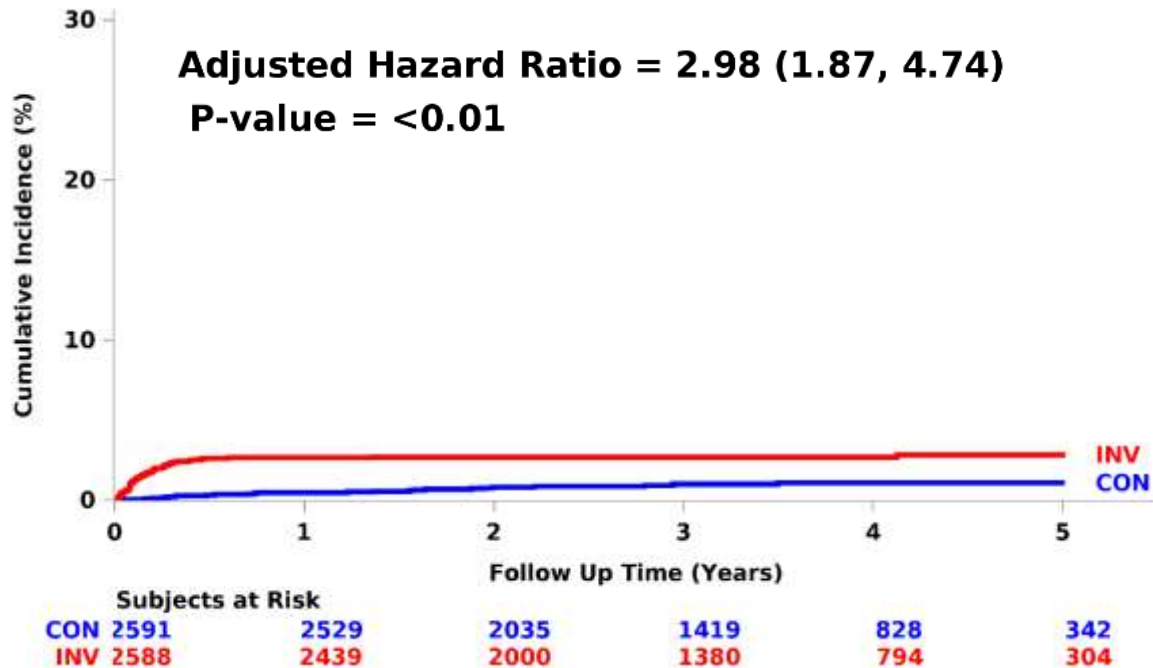
# Primary Outcome: CV Death, MI, hospitalization for UA, HF or resuscitated cardiac arrest



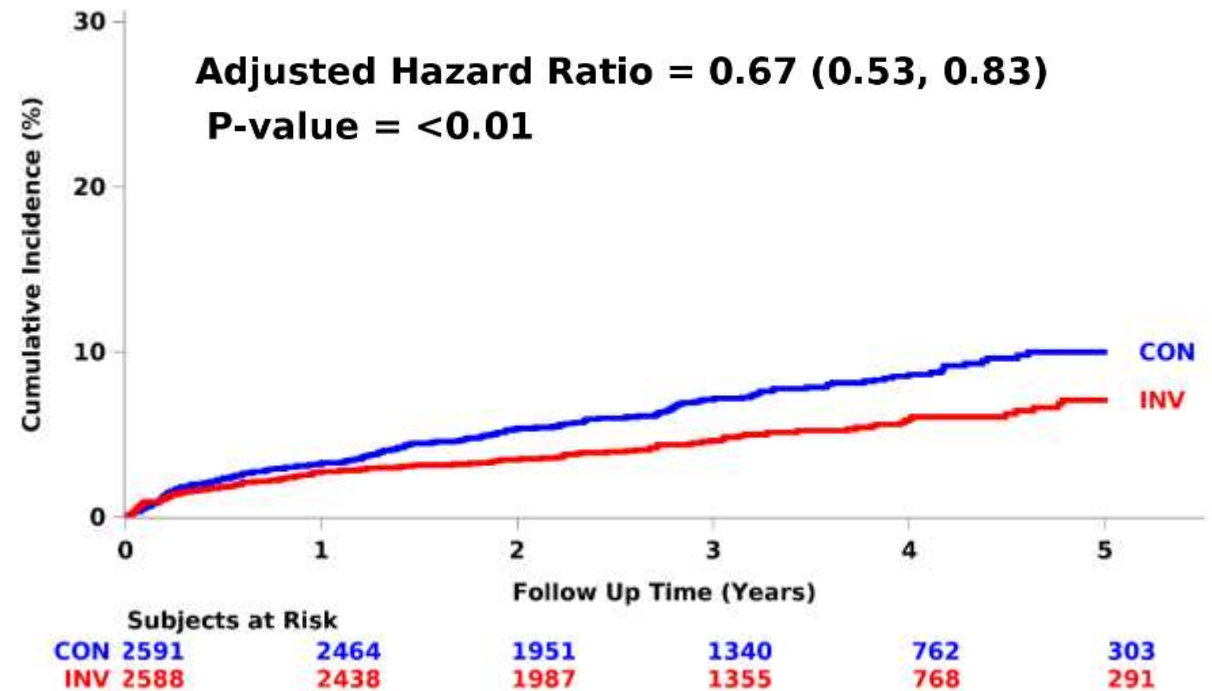
**No signal of differential mortality with either INV or CON approach**

# Myocardial Infarction

## Procedural MI Types 4a or 5 MI

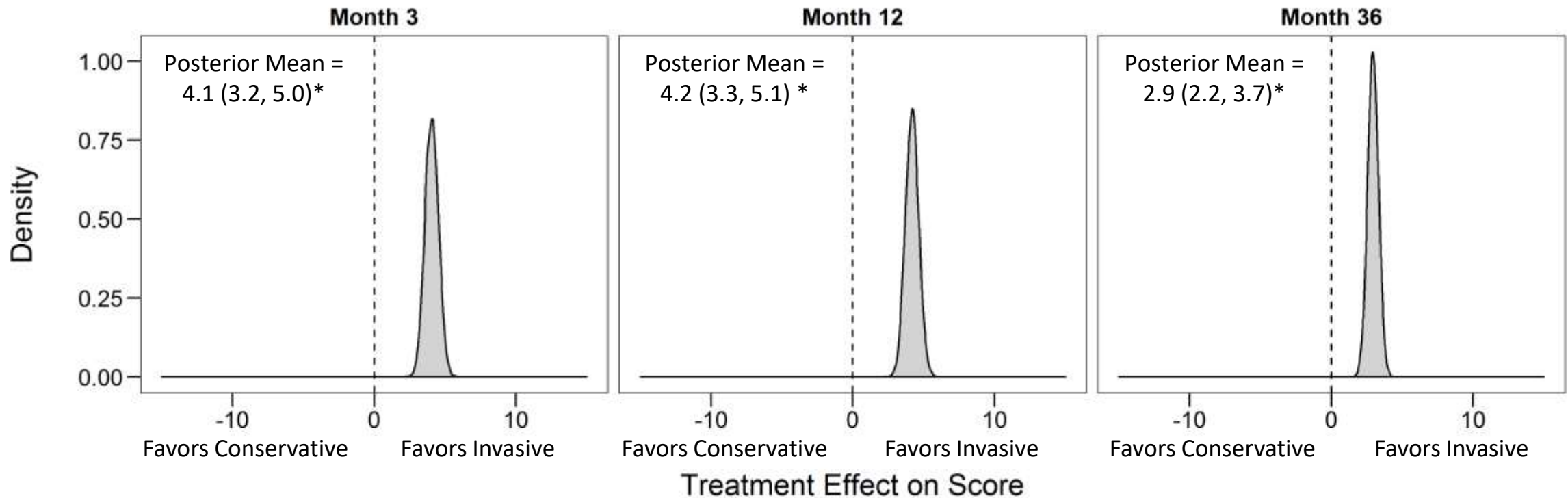


## Non-procedural MI Types 1, 2, 4b, or 4c MI



# QOL Primary Outcome: Benefit of Invasive Rx on SAQ Summary Score

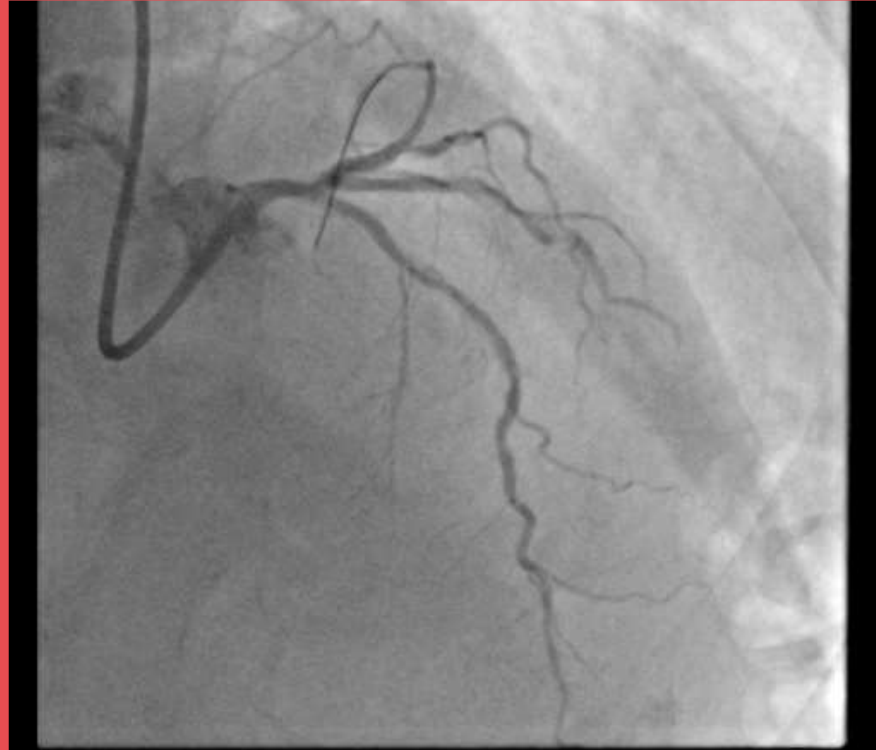
## Typical Patient in ISCHEMIA



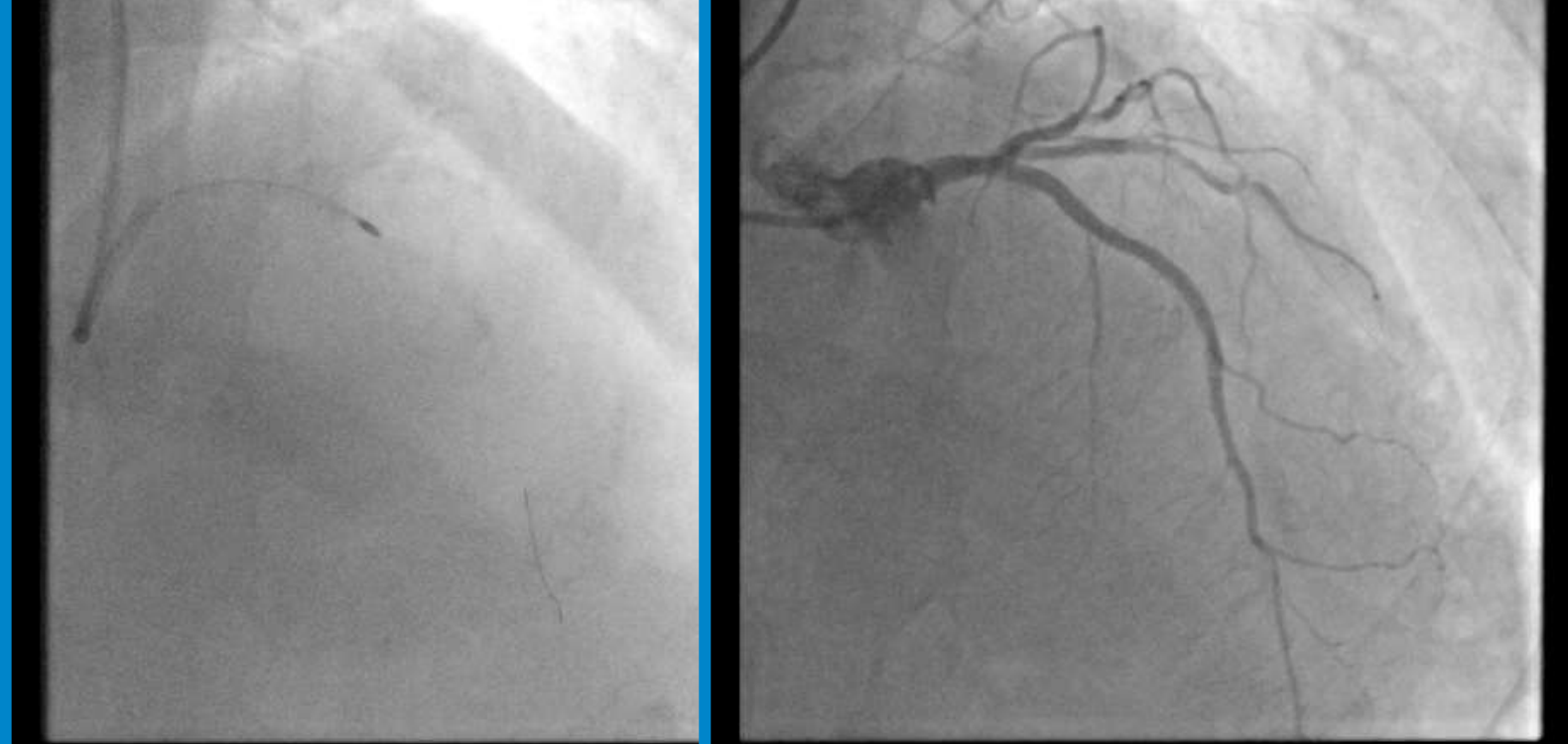
*\*95% Highest Posterior Density Interval*

# Shared Decision Making (II)

OMT only



OMT + Revascularization



*Following discussion at MDT and shared decision making approach a consensus was reached for OMT + PCI*

# ISCHEMIA Trial: It Will Change My Practice

- The primary findings of ISCHEMIA provide a rationale for shared decision making between patient and physician with respect to initial management strategy based on:
  - Symptom burden and quality of life
  - Reduction in spontaneous myocardial infarction
  - Life expectancy of patient (in view of time dependency of risks)
  - Absence of signal of mortality difference between groups
- Ischaemia burden in isolation does not provided a good basis for decisions regarding revascularization





## Summary #8 | Shared decision making for PCI should be on based on symptom burden, quality of life & risk of MI



# PCI: Contemporary Optimal Indication, Technology, & Outlook | Summary

- The introduction of stents and effective antiplatelet treatment were critical to ensure stable and reproducible results after PCI
- High-efficacy DES and better techniques for lesion preparation facilitated expansion of PCI to more complex disease patterns though areas of unmet clinical need persist e.g. in patient with diabetes mellitus
- The concept of bioresorbable scaffold therapy remains valid and further iteration and clinical testing is warranted
- Drug-coated balloon therapy shows promise in de novo disease but further clinical investigation is required
- Automated intravascular imaging and/or pressure wire algorithms to guide stent implantation may further improve outcomes with PCI
- Shared decision making for PCI should be based on symptom burden, quality of life and future risk of spontaneous MI

# Further reading...

Series

## Percutaneous coronary intervention 1

### Coronary balloon angioplasty, stents, and scaffolds

Robert A Byrne, Gregg W Stone, John Ormiston, Adrian Kastrati

Since the first coronary angioplasty on Sept 16, 1977, the field of percutaneous coronary intervention has evolved rapidly. Now marking its 40th anniversary, percutaneous coronary intervention has become one of the most common medical procedures worldwide. Much of this progress has been due to the iteration and improvement of angioplasty technologies. Balloon angioplasty was limited by unpredictable procedural outcomes due to vessel dissection and recoil, and a high rate of restenosis. The introduction of stents resulted in more stable early results and lower rates of restenosis, although early stent thrombosis and neointimal hyperplasia causing vessel narrowing were key limitations. Drug-eluting stents delivering antiproliferative agents significantly lowered the rates of restenosis, permitting widespread use of percutaneous coronary intervention in more advanced and complex disease. Although fully bioresorbable scaffolds have the potential to further improve long-term outcomes, they have not yet achieved results equivalent to those of conventional metallic drug-eluting stents in the early years after implantation. Progress in catheter technology did not occur in isolation, and the success of percutaneous coronary intervention is also due to important advances in intracoronary imaging, and adjunct pharmacotherapy—each of which is reviewed in other papers in this Series.

#### Introduction

Remarkable progress has been made in cardiovascular medicine in recent decades. Cardiovascular mortality has dramatically declined—from more than 400 deaths per 300 000 people per year attributed to cardiovascular disease in 1990 to about a quarter of that number in 2010.<sup>1</sup> This reduction might be attributed to many factors, including the introduction of myocardial revascularisation techniques such as coronary bypass surgery and percutaneous coronary intervention.

In 2017—the 40th anniversary of the first coronary angioplasty by Grüntzig<sup>2</sup> in Zurich, Switzerland—we reflect on the progress in percutaneous coronary intervention (figure 1), and the key developments that have led to its widespread use in clinical practice as one of the most common medical procedures in the world. These developments include progress in intracoronary imaging, haemodynamic lesion assessment, and adjunctive antithrombotic and antiplatelet therapies. In this, the first in this Series on percutaneous coronary intervention, we focus on balloon angioplasty catheters, stents, and scaffolds.

#### Balloon angioplasty

In the first-ever coronary angioplasty on Sept 16, 1977, Grüntzig used a double-lumen balloon catheter (figure 2A). One lumen allowed for balloon inflation and deflation, and the other for the measurement of distal pressure, which was thought to be important at the time. A wire was fixed to the balloon distally to protect the vessel from trauma during catheter advancement. The first patient to receive coronary angioplasty was a 38-year-old male smoker with debilitating angina and a focal proximal left anterior descending lesion, which was successfully treated and remained patent more than 37 years later (figure 2A).<sup>3</sup> Subsequent advancements included the introduction of over-the-wire technology by Simpson and

colleagues<sup>4</sup> in 1982, and exchangeable angioplasty systems in 1985,<sup>5</sup> which allowed the guide wire and balloon to be moved independently and rapidly exchanged. This flexibility enabled operators to treat lesions that were challenging to reach and more difficult to dilate.

Standard angioplasty balloons are semicompliant, and increase in diameter with greater pressure (figure 2B). Although their nominal diameter is typically achieved at 6–10 bar (about the same pressure as a well inflated racing-bicycle tyre), the diameter continues to increase at higher pressures, and force might not be applied equally along the length of the balloon. Non-compliant balloons increase little in diameter as the applied pressure is increased, inflate more uniformly, and are more resistant to bursting. Non-compliant balloons also permit the use of higher pressures—up to 40 bar—which are sometimes required to expand otherwise non-dilatable, usually highly calcified, stenoses.

#### Search strategy and selection criteria

We identified data for this paper by searching PubMed, and references from relevant articles, using the terms: "balloon angioplasty", "cutting balloon", "scoring balloon", "drug-coated balloon", "drug-eluting balloon", "coronary stent", "bare metal stent", "drug-eluting stent", "bioresorbable stent", and "bioresorbable scaffold". Articles published in any language, up to April 30, 2017, were considered. Evidence from large-scale randomised trials was prioritised. We arbitrarily considered trials with more than 1500 enrolled patients as large-scale studies. We gave preference to papers published in the past 5 years, but did not exclude commonly referenced and highly cited older publications. Abstracts and reports from meeting were included if deemed relevant, but only if data were less than 2 years old and a published article was unavailable.

Lancet 2017, 390, 765–82  
See Editorial page 733  
This is the first in a Series of five papers about percutaneous coronary intervention  
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EDITORIAL

## His master's art, Andreas Grüntzig's approach to performing and teaching coronary angioplasty



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This paper also includes supplementary data published online at: [http://www.eurointervention.com/onlineintervention/1106\\_1issue/](http://www.eurointervention.com/onlineintervention/1106_1issue/)

#### Performing coronary angioplasty

Andreas Roland Grüntzig (1939–1985) was an accomplished clinician and an acute scientist. He was also a practical man endowed with density, sensitivity, and common sense. For him, performing a catheter intervention in contrast to surgery was like playing the clarinet in contrast to playing the piano. It was easier but it still required talent and proper training to become a professional. Playing the piano means using all ten fingers at the same time and having 88 keys to choose from for every single finger, not to mention the simultaneous work on the foot pedals. A clarinet also requires the use of all ten fingers but each finger has just a single (exceptionally up to five) allotted function. Clarinet players may forgive my not mentioning the importance of the mouthpiece. The analogy is just to make a point: The cardiac surgeon works three-dimensionally with every stitch, every cut, and every suture having to meet quality requirements and representing his or her level of art. Performing a catheter intervention, on the other hand, only permits eye to advance, retract, turn right, or turn left, one, two, or at the most three different instruments at a time. Yet, while the surgeon has a true three-dimensional field of vision, a catheter operator has to imagine the fluid-dimension looking at a two-dimensional black and white picture. The surgeon approaches things directly and one millimetre (mm) of motion equals 1 mm of effect. The catheter

operator has to account for a time delay of his motion and a five-centimetre movement at his end of the catheter may well translate into no or just a very small movement at the other end of the catheter inside the patient. Video guidance may come close to what an operator experiences during catheter interventions. Grüntzig, living before the video game era, trained with catheters on the kitchen table and started performing his intervention in the leg where inaccuracy and imperfection were more forgivable and less dangerous.

While working in the leg, it was convenient to use a tongueable guidewire with a J-tip to steer away from obstacles and to target the right direction in bifurcations. Grüntzig had to give that up when he turned to coronary angioplasty<sup>6</sup> in the small catheter shaft required for coronary work, technology at the time did not allow a through lumen for a steerable guidewire and at the same time two additional lumens, one for balloon filling and one for distal pressure measurements. Fluoroscopy visibility at the time was so poor (figure 1) that it was mandatory to guide the procedure by distal pressure measurements (figure 2). Instead of a steerable guidewire, a short wire snare attached at the tip of the catheter had to be accepted as a compromise (figure 3). The original balloon was quite compliant and ruptured at about 6 bar. Other than that, and in spite of the lack of steerability, this balloon could still be used nowadays for simple proximal lesions.

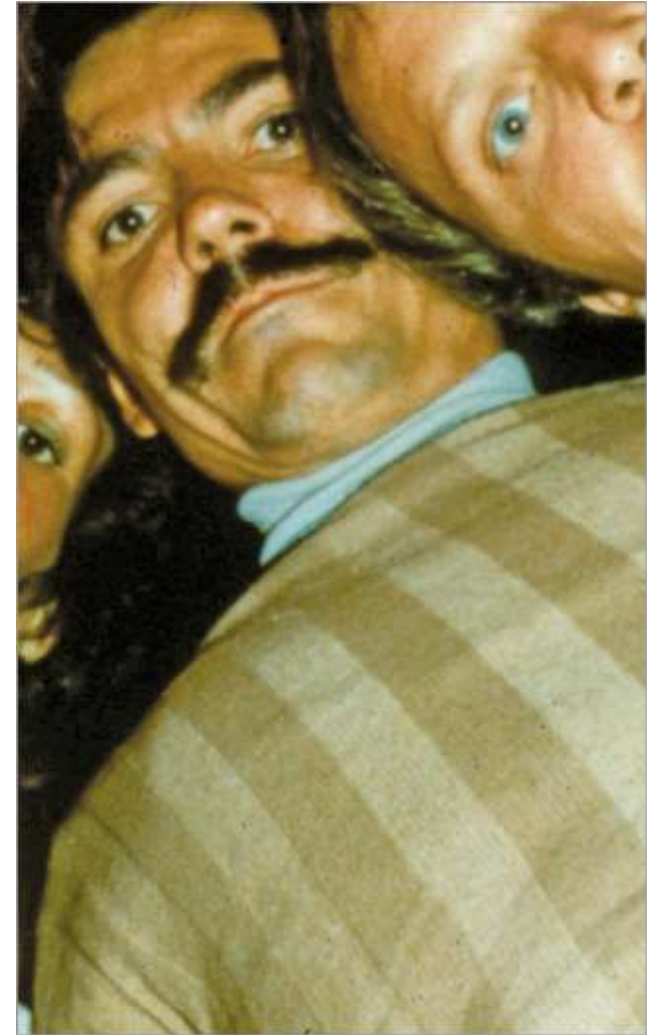
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# Acknowledgements: Maria Schlumpf



Lancet 2017, 390, 765–82

EVIDENCE-BASED

15



# Thank You For Your Attention

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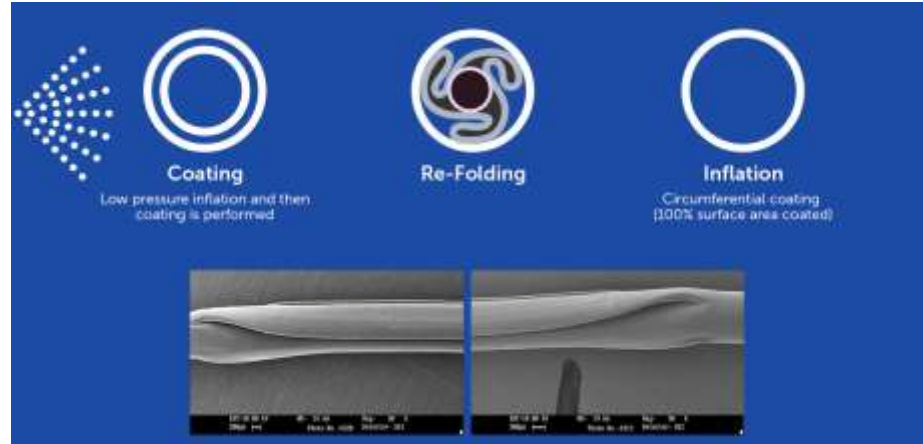




# Update on LIMUS DCB Development

*Further progress with sirolimus-coated balloon technology*

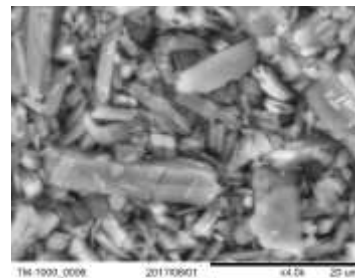
## Magic Touch folded SCB



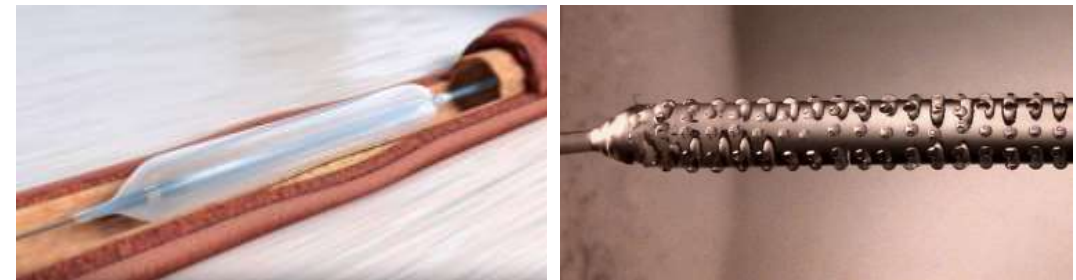
## SELUTION SLR SCB receives CE mark



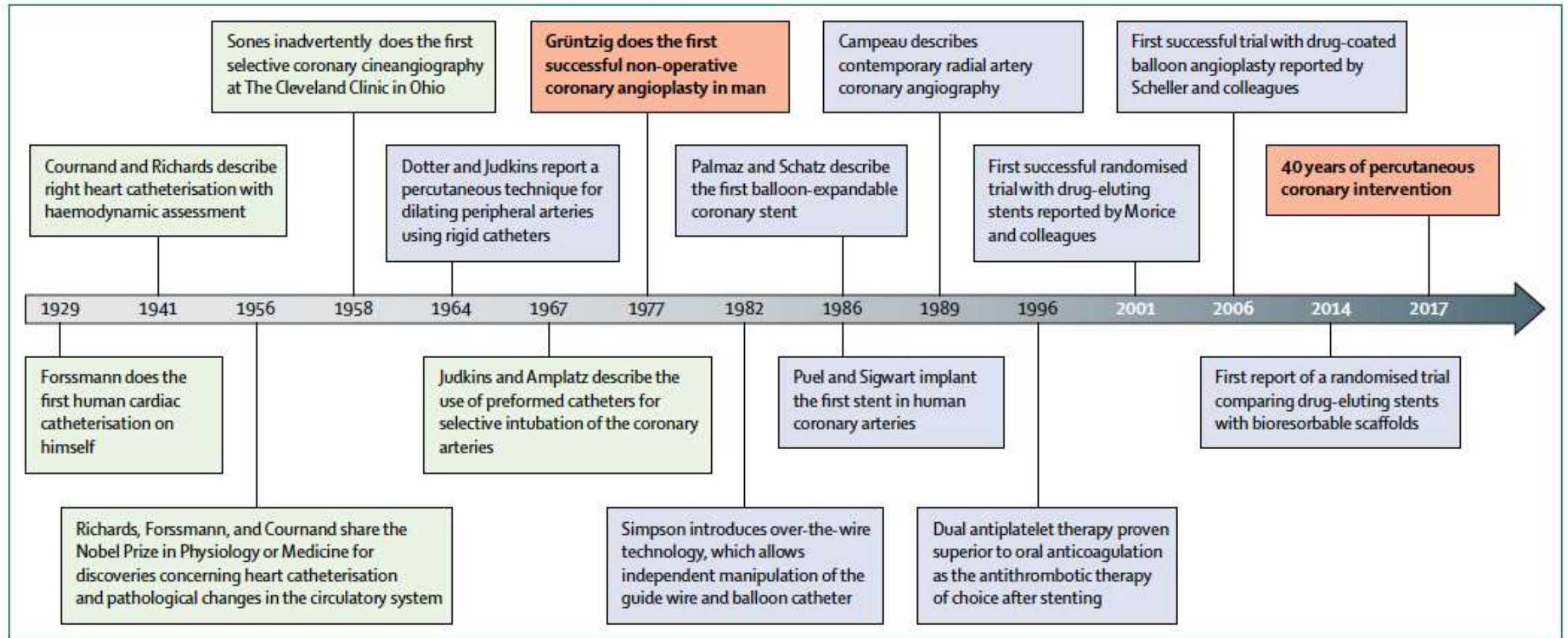
## Biolimus-A9-coated balloon enters clinical testing



## SEB receives FDA breakthrough for CAD ISR + BTK



# A Brief 40-Year History of PCI



**Figure 1: Timeline of diagnostic cardiac catheterisation, coronary balloon angioplasty, stent, and scaffold implantation as contributors to Improvements in freedom from cardiovascular death** Developments in diagnostic catheterisation are shown in green, coronary angioplasty in red, and catheter therapeutics in blue. References to support milestones are provided in the appendix.

# Drug-eluting stents: breakthrough technology

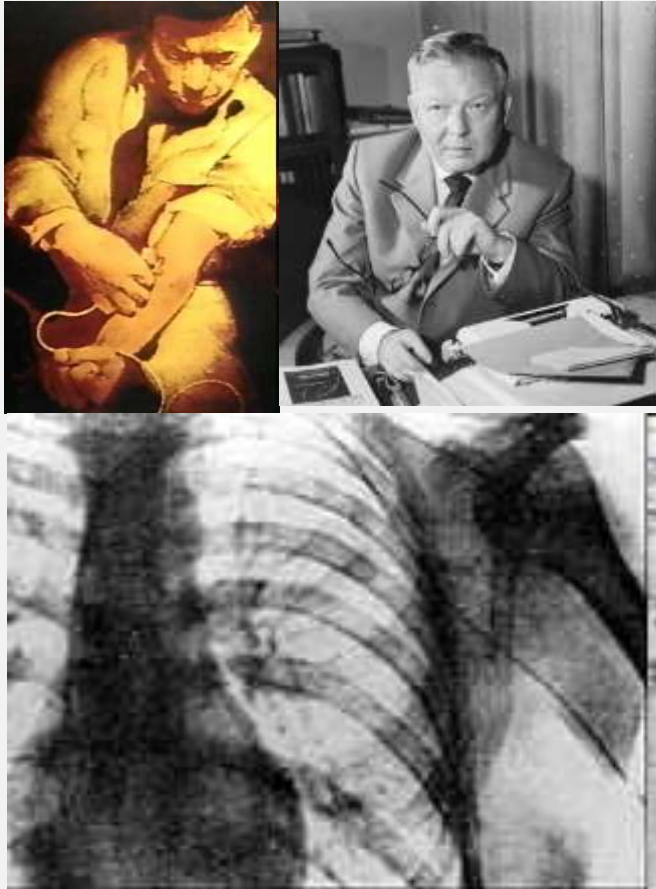
*Selected devices with CE-mark approval and published large-scale RCT data*

	Durable polymer-coated stent		Biodegradable polymer-coated stent					Polymer-free drug-eluting stent		Bioresorbable drug-eluting stent
<b>Manufacturer</b>	Abbott/Boston	Medtronic	Biotronic	Terumo	Translumina	Boston	Biosensors	B. Braun	Biosensors	Abbott
<b>Name</b>	Xience/Promus	Resolute	Orsiro	Ultimaster	Yukon Choice PC	Synergy	BioMatrix	Coroflex ISAR	BioFreedom	ABSORB
<b>Material and drug</b>	CoCr/PtCr-EES	CoNi-ZES	CoCr-SES	CoCr-sES	316L-SES	PtCr-EES	316L-BES	316L-SES/probucol	316L-BES	PLLA-EES
<b>Shape</b>										
<b>Strut thickness</b>	81 µm	91 µm	60 µm	80 µm	87 µm	74 µm	120 µm	65 µm	112 µm	150 µm
<b>Coating</b>	Circumferential		Abluminal					Abluminal		Circumferential



# Standing on the shoulders of giants...

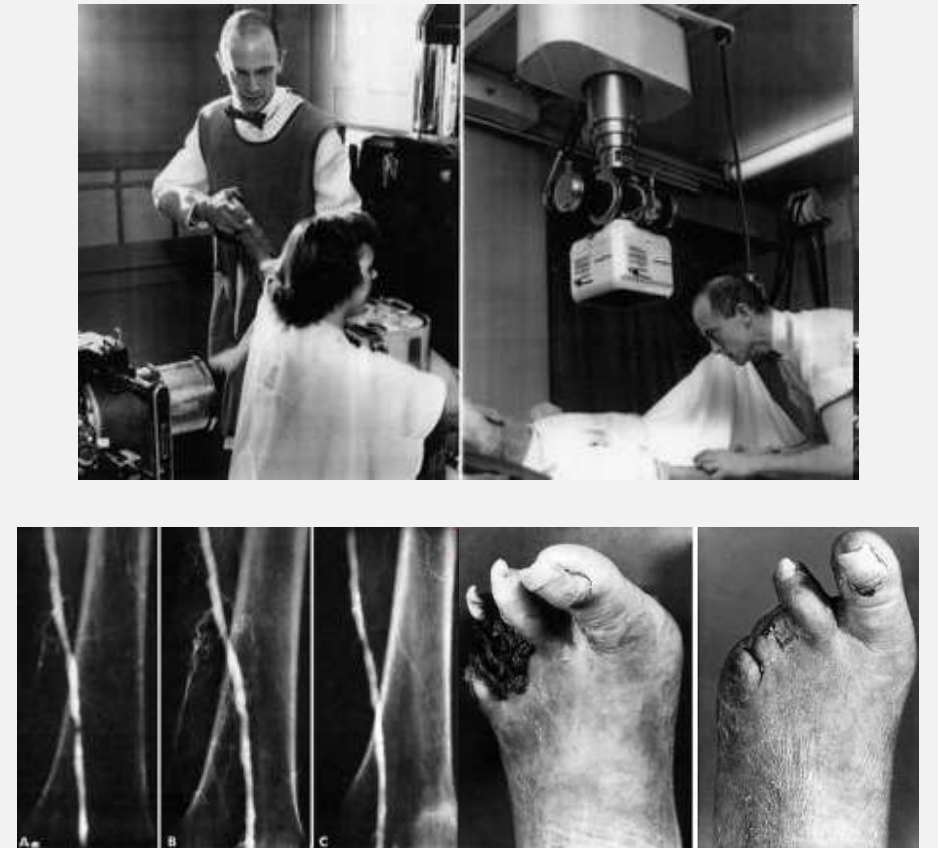
Forssmann | Feb. 1929



Sones | Oct 30, 1958



Dotter | Jan. 16, 1964



# 2. Lesion preparation with cutting/scoring balloons improves efficacy

## ISAR-DESIRE 4 Trial

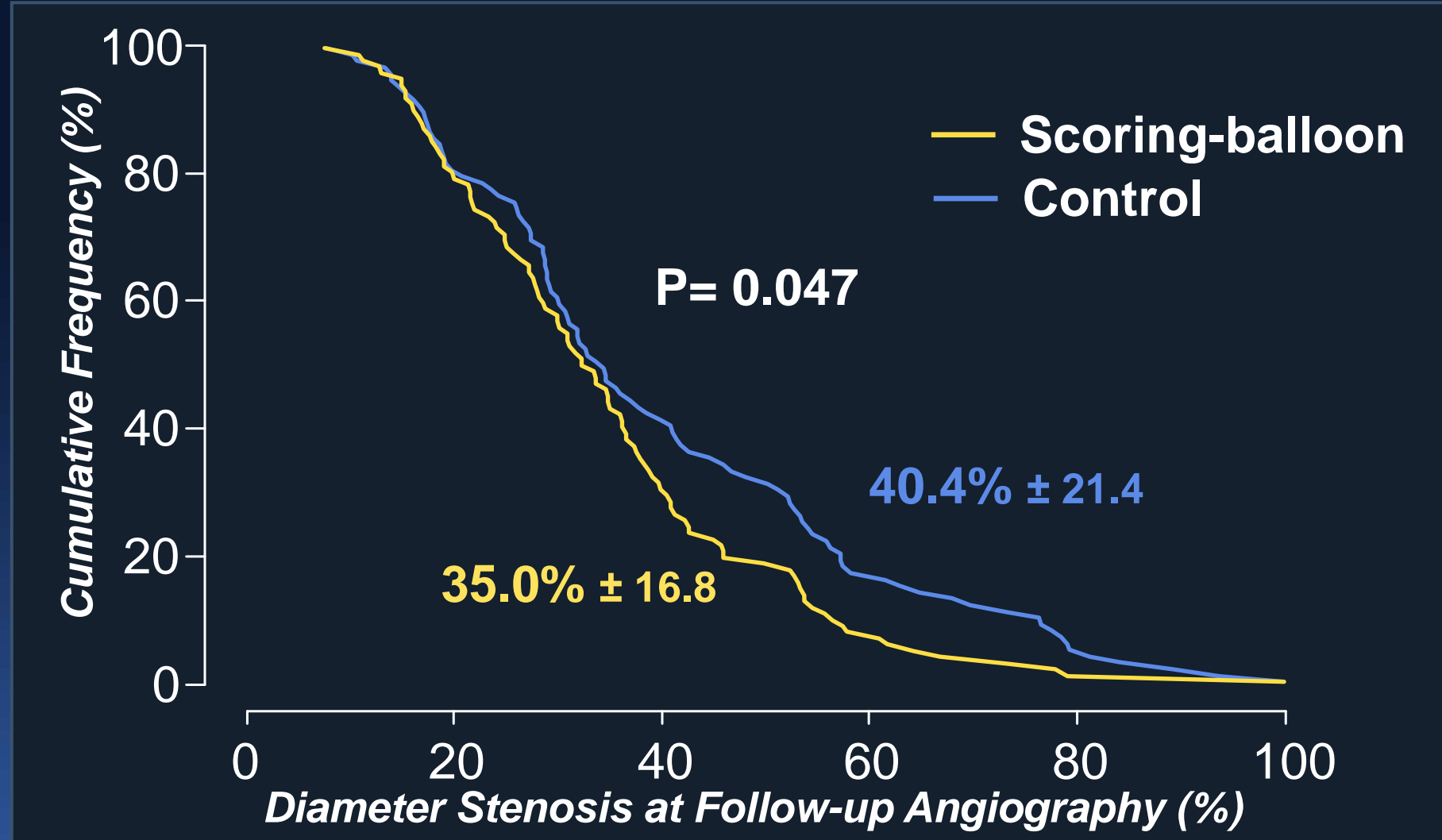
252 patients with DES-restenosis enrolled between June 2012 and December 2014 in 4 centers in Germany

Scoring balloon plus paclitaxel-coated balloon (N=125)

Standard balloon plus paclitaxel-coated balloon (N=127)

Angiographic follow-up at 6-8 months in 80.4% (N=203)\*

### Diameter Stenosis at Follow-up Angiography





# ILUMIEN IV: OPTIMAL PCI

2556-3568 pts with high-risk clinical or angiographic features undergoing PCI at 125 centers in the US, Canada, Western Europe, and Asia-Pacific

## HR clinical:

Diabetes

## HR angio:

Troponin+ ACS culprit

Stent length  $\geq 28$  mm

2-stent bifurcation

Severe calcification

CTO

Diffuse/MF ISR

*\*ESRD not excluded*

Randomize 1:1

OCT-guided\* PCI  
(modified ILUMIEN III protocol)

Angiography-guided PCI

Final OCT (blinded in angiography arm)

**Follow-up:** Minimum 1 year, maximum 2 years

**Primary endpoints:**

- 1) Minimal stent area (MSA) by OCT (powered for superiority)
- 2) Target vessel failure (event-driven, powered for superiority)

**Principal Investigators:** Ziad Ali and Ulf Landmesser

**Study Chair:** Gregg W. Stone

# Systematic review of 158 RCTs

